Medicaid Breastfeeding Support

For families enrolled in NC Medicaid plans, support for breastfeeding is available to help you meet your goals. Please contact your health care provider to connect with additional resources.

Lactation services:

If you need help with breastfeeding positions, milk supply and soreness, lactation support may
be helpful. Work with your provider to see if lactation support would assist with breastfeeding.
Lactation support is covered without prior authorization through Medicaid.

Breast pump coverage:

Plan

How to get a breast pump covered?

HealthyBlue

Blue Cross Blue Shield partners with <u>EdgePark</u> to process electric breast pump requests. Members can order covered breast pumps directly from <u>Edgepark</u> without prior authorization for consumer grade pumps.

EdgePark

www.edgeparkbreastpumps.com/order

(855) 504-2099

Monday - Friday, 8:00 AM to 9:00 PM Eastern

Additional Support: Healthy Blue offers an "Extras for new moms" option that includes a Breastfeeding Support Kit, which includes an infant support nursing pillow, washable nursing pads, a nursing cover and educational brochures. Expecting parents should call member services to request these benefits. There is also a Safe Sleeping Kit, which includes infant sleep guidelines and educational brochures, a Halo sleepsack and a Soothie pacifier.

www.choosehealthyblue.com

Member services: (844) 594-5070

Monday - Saturday, 7 AM to 6 PM Eastern

United Healthcare

United Healthcare provides free breast pumps for any pregnant or postpartum mom (available for women beginning at 36 weeks gestation and up to one year postpartum) if they have not received a breast pump from WIC.

United Healthcare partners with <u>Aeroflow</u> to process electric breast pump requests. Aeroflow offers a selection of Ameda, Lansinoh, Evenflo, Medela, Motif and Spectra breast pumps.

Aeroflow

https://aeroflowbreastpumps.com/qualify-through-insurance

To submit an online request, families will have to provide an email address. 1-844-867-9890

Monday - Friday, 8:00 AM - 5:30 PM

Additional Support: Insurance-covered postpartum support, including maternity compression items, mattress covers and pillow protectors, is also offered. Families

who complete requests using the Aeroflow website will be presented with a list of items covered by their health insurance plan.

www.uhccommunityplan.com/nc/medicaid/medicaid-uhc-community-plan Member services: 1-800-349-1855

AmeriHealth

Electric, non-medical breast pumps are available for expectant or new moms who are between 28 weeks gestation and 12 months postpartum. The benefit also includes 270 milk storage bags every three months for up to one year. Members can go directly to Aeroflow's website, aeroflowbreastpumps.com, and follow the steps under the "QUALIFY THROUGH INSURANCE In 3 easy steps!" or call Aeroflow at 1-844-867-9890, and they will walk you through the process.

Aeroflow's dedicated specialists will confirm plan enrollment and contact your indicated OBGYN or midwife to take care of any necessary paperwork. Supplies will be shipped directly to your home.

AmeriHealth Caritas NC members who have questions or need assistance with breastfeeding or pumping, or obtaining breast pumps through WIC, should contact our Brightstart team available to support expectant and new moms at 1-833-475-2262.

Carolina Complete Health

Carolina Complete Health offers a Start Smart for Your Baby® program for members that includes resources for breastfeeding and infant nutrition. In addition, eligible members can receive a breast pump and infant car seat through Carolina Complete Health's Value-Added Services.

Visit

http://www.carolinacompletehealth.com/members/medicaid/resources/vas/new-mothers.html

WellCare

Well Care will provide an electric breast pump to a pregnant or new parent and will also encourage participants to enroll in WIC if not already enrolled. To request a breast pump, families or care managers can contact Customer Service by calling 866-799-5318. Primary care providers can send a prescription for a breast pump to an innetwork medical equipment vendor.

Any WellCare covered member with questions related to breastfeeding may call the nurse advice line 24x7 for support at 800-919-8807.

Any WellCare covered member with questions or concerns related to breastfeeding, pumping and storage of milk may contact Care Coordination by calling 833-298-4301 and ask to speak with maternity.

If you have any questions related to formula conversion or are having difficulty obtaining formula, please contact Care Coordination for additional assistance: 833-298-4301 and ask to speak with maternity.

If you are in need of assistance in finding a community-based partner for hands-on support for breastfeeding barriers, please contact Care Coordination by calling 833-298-4301 and ask to speak with maternity.

www.wellcarenc.com/members/medicaid.html

Request a breast pump: 1-866-799-5318
Breastfeeding questions: 1-800-919-8807

Help with pumping, milk storage and formula: 1-833-298-4301, ask for maternity

Member services: 1-866-799-5318 Monday–Saturday, 7:00 AM to 6:00 PM

Medicaid Direct If you are covered under Medicaid Direct, breast pumps could be considered under Durable Medical Equipment (DME) services with a medical necessity review. However, Medicaid is currently assessing this policy.

Accessing Breastfeeding Support Through WIC

The North Carolina WIC program supports families in determining and achieving their infant feeding goals. Families enrolled in WIC can receive information and education about breastfeeding through trained local agency staff, <u>WIC Breastfeeding Peer Counseling program services</u> and their local WIC agency's breastfeeding support phone line.

Local WIC agencies also provide breast pumps to participants who need them following an assessment by trained staff. WIC staff ensure that the participant receives the appropriate breast pump for their situation and educate on the use and care of the pumps.

The following breast pumps are available to WIC Program participants:

- Single-user manual pumps: ideal for occasional separation or short-term breastfeeding issues, such as engorgement or weaning
- Single-user double electric pumps: ideal for a parent who is maintaining their milk supply or is only using the pump intermittently (such as during the workday)
- Multi-user double electric pumps (loaned breastfeeding supply): ideal for a parent who is
 establishing their supply and the baby is not able to feed at the breast

Contact your local WIC agency to learn more about how they can support you.