

# 2020 BFFC Strategic Plan, Meeting Minutes Archive,

Scroll down to view each monthly meeting agenda, meeting minutes, and to do lists.

- [Notes from 2018](#)
- [Notes from 2019](#)
- [Notes from 2021](#)
- [Notes from 2022](#)

## Between Meeting Action items for January

- ✓ Set up meeting with lactation professionals and volunteers (first week)
- Change of viewpoint: implementation team versus the advisory team
  - The advisor team just comes and brings their lived experience finishes their feedback during the meeting, they're given as little work to do as possible outside of the meeting dates.
- ✓ Try to start booking the proposed schedule
  - JCC
    - February 12, 2020 at 6:45
    - April 22, 2020 at 6:45 (April 8 passover)
    - October 14 at 6:45 –
    - December 9, 2020 at 6:45
  -
- ✓ Try to get more advocates to come email on the parent advocate groups in Durham
  - Invite: to next meetings El Centro Hispano in Durham: Follow up with 2020 dates
  - Reach out to all Parent advocacy groups in Durham
- BFF Nonprofit
  - Send out pamphlets: help food pantries know how to support breastfeeding families.
  - ✓ Check in on Faith-Based Organization Award
    - Sounds like NCBfC and USBC are working on this.
    - Share Community Award
- ✓ BFF Business
  - Continue to work with North Carolina Breastfeeding Coalition on the Breastfeeding Friendly Business Award [Breastfeeding-Friendly | NCBC](#)
  - Check on Cling/Logo
- ✓ Set up meeting with health care providers
- ✓ Set up meeting with women's council

- ✓ Set up follow up childcare meeting
- ✓ Email/ Follow up with ANNETTE CARRINGTON, MS, MCHES, Program Manager, Durham County Department of Public Health, Human Services Building – 3rd Floor WS-#1, 414 East Main Street, Durham, North Carolina 277, Office (919) 560-7762 , Cell (919) 323-1214, Fax (919) 328-6096, [acarrington@dcnc.gov](mailto:acarrington@dcnc.gov)

# Agenda: January 10, 2020 at 10 AM

Conference Room A Human Services Building, 414 East Main Street, Durham, NC 27701

**Introductions** from all attendees

## Review of **Breastfeeding Family Friendly Communities of Durham**

- January 10, 2020 at 10 AM: Peer-to-peer Support (Steps 2, 6)
- February 12, 2020 at 6:45: Government (Steps 1, 2, 8)
- March 20, 2020 at 10 AM: Childcare (Steps 2, 7, 10)
- April 22, 2020 at 6:45 PM: Community Organizations (Steps 2, 4, 7)
- May 15, 2020 at 10 AM: Healthcare (Steps 2, 3, 4, 5, 8)
- September 18 at 10 AM: Businesses (Steps 2, 7, 8, 9)
- October 14 at 6:45 PM: Education Systems (Steps 2, 10)
- November 13, 2020 at 10 AM: Childcare (Steps 2, 7, 10)
- December 9, 2020 at 6:45 PM: Framework & Planning for 2021 (Steps 1-10)

Topic: **Are Durham Community's breastfeeding support groups and services**, including International Board Certified Lactation Consultants (IBCLCs), La Leche League (LLL), and other skilled breastfeeding support, **fully available to all in the community?**

- What are **you doing** and what **can be done** to provide active community support for referral and independent action by breastfeeding **families to find the support they need?**
- Kim: outpatient lactation resource list currently reviewed with mothers as they discharge from hospital - however, holes in list - needs completion/updates - needs to cover more geographical areas. Stress importance of peer-to-peer community support (groups). New Lactation team in mom/baby unit.
- Jan: teaches prep class for expecting parents, focusing on first 2 weeks of establishing breastfeeding. 2 hour class (\$40) - includes one free follow up call. Willing to share curriculum so others can teach.
- Need to continue to collaborate and share resource lists.
- Region 4 meeting 1/29 10:00-1 centennial campus NCSU - good opportunity to collaborate
- **Is more active collaboration** between health care providers and community breastfeeding support entities **needed** to support families?
  - List the needs
  - Need healthcare providers to help encourage/spread awareness of lactation education resources. CGBI has a free Ready Set Baby program.
  - Need to be aware of all the resources and share with each other.
  - How can Family Connects “refer” families to LLL legally? Protocol - get family consent then cc a text to both parent and LLL rep to make introduction
  - Kim and Jan working on updating list of all lactation support providers
  - Add to website - check with your provider, list known providers w/ support services
  - Double check about Baby Bistro
  - Double check about all meeting times on website

- Put more specific locations or contact numbers for some of the meetings - link all meetings of LLL back to site
- Link to a “find your WIC”
- Add TAPS link under parenting support
- How can we make at least **one communication to the public** on this mutual effort of all the peer-to-peer support groups in Durham County?
  - Announce it at the next NCBC meetings
  - Put it on the BFFC website
  - What else?
  - Create instagram and link to fb, post about all meetings (schedule auto posts)
- Specifically talk about **how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.**
  - How could we be more welcoming?
  - Literature directed at grandmas, inclusive images
  - Add resources to website - family support page
  - Senior center support meeting? Quarterly?
- How do we reach pregnant families in Durham?
  - Which **clinics or providers** still need more support, education, or information in order to **provide active referrals of parents to the Durham Lactation Support Community?**
  - Contacting and adding clinics (Jan working on)
- When **should we meet again**....
- Quarterly electronic update; annually in person
- Jan’s classes - 1/25 9-11:30 & 1/26 9-11:30 (email Jan if you’d like to attend either)

## January 27 Phone call

- Alamance Regional (outside of the triangle)
- Nicole King and Pat Clark / Duke Pediatrics (not currently included)
- Cathy Wooten / Durham Pediatrics (still need a parent recommendation)
- Michelle Bae and Collen Parrish / Growing Child Pediatrics (not currently included)
- Leslie Stern / Beyond Birth Lactation (currently included)
- Jan Tedder / Hug Your Baby (currently included)
- Triangle Lactation Consultants (currently included, I think)
- Women's Birth and Wellness Center (currently included)
- Childcare meeting: March 20, 2020 at 10 AM: Childcare (Steps 2, 7, 10)
  - Sent Evite and Email to everyone
  - Who? Or Let it go? Reach out to the [Duke Child Care Partnership](#)
  - Letting it go...[Shauna Cohen](#) wrote ”[Sproutingscholarspreschool.com](#) is a breastfeeding supportive facility. We even have our own nursing corner for nursing mothers.”
  - Durham County has 278 licensed childcare facilities. No facilities that are designated with the BFFCCD.
  - Done: Start emailing the list---a pilot [Breastfeeding Friendly Child Care](#) facility.
  - **Book a training, TA, after January**

- This week, reach out one more time: Waiting to confirm time: Invite Krystal Grad and others to the childcare meeting.. She works for CCSA (at least she did a year ago) and is interested in breastfeeding.
  - [krystalg@childcareservices.org](mailto:krystalg@childcareservices.org)
- Book rooms
- Who is handling which topics?

# Durham Government Invitees

## Women's Commission:

- This Women's Commission strives to educate the community and advise the Durham County Board of Commissioners as necessary on issues relating to the changing social and economic conditions of women in the County .The commission develops information systems, provides advice, conducts research, hosts educational programming, analyses policy and advocates for women's issues to improve the lives of and opportunities for all women in Durham.
- Monthly, Fourth Monday at 6:00 p.m.,
- MEETING PLACe, Human Services Building, 2nd Floor Conference Room, 414 East Main Street, Durham, NC 27701
- Vivian Slade, [Javiera.Caballero@durhamnc.gov](mailto:Javiera.Caballero@durhamnc.gov), [Ruebe.Holmes@durhamnc.gov](mailto:Ruebe.Holmes@durhamnc.gov),, [Zion.Tankard@durhamnc.gov](mailto:Zion.Tankard@durhamnc.gov), [Aquaris.Moore-Anderson@durhamnc.gov](mailto:Aquaris.Moore-Anderson@durhamnc.gov), [Cynthia.Bland@durhamnc.gov](mailto:Cynthia.Bland@durhamnc.gov), [Tamika.McRae@durhamnc.gov](mailto:Tamika.McRae@durhamnc.gov)
- Guest: [Cynthia.Hinchey@durhamnc.gov](mailto:Cynthia.Hinchey@durhamnc.gov), [Joy.Spencer@durhamnc.gov](mailto:Joy.Spencer@durhamnc.gov), [Brianna.Van.Stekelenburg@durhamnc.gov](mailto:Brianna.Van.Stekelenburg@durhamnc.gov), [Kim.Cameron@durhamnc.gov](mailto:Kim.Cameron@durhamnc.gov), [Elizabeth.Morrel@durhamnc.gov](mailto:Elizabeth.Morrel@durhamnc.gov), [Stephanie.Forman@durhamnc.gov](mailto:Stephanie.Forman@durhamnc.gov), [Shauna.Johnson@durhamnc.gov](mailto:Shauna.Johnson@durhamnc.gov), [Milicia.Tedder@durhamnc.gov](mailto:Milicia.Tedder@durhamnc.gov), [Sarah.Bausch@durhamnc.gov](mailto:Sarah.Bausch@durhamnc.gov), [Olivia.Horton@durhamnc.gov](mailto:Olivia.Horton@durhamnc.gov), [Ann.Welsh@durhamnc.gov](mailto:Ann.Welsh@durhamnc.gov), [Michelle.Laws@durhamnc.gov](mailto:Michelle.Laws@durhamnc.gov), [Patti.Black@durhamnc.gov](mailto:Patti.Black@durhamnc.gov)

## PLANNING COMMISSION :

- Responsibilities, The responsibilities of the Durham Planning Commission are: Propose, review, and make recommendations on City- or County-wide plans. Review and make recommendations on planning policies, comprehensive plan amendments, zoning map changes, proposed changes to development ordinances, and the
- Planning Department work program. Council Chamber, 1st Floor, City Hall 101 City Hall Plaza, Durham, NC
- [Akram.Al-Turk@durhamnc.gov](mailto:Akram.Al-Turk@durhamnc.gov), [Nathaniel.Baker@durhamnc.gov](mailto:Nathaniel.Baker@durhamnc.gov), [Georg.Brine@durhamnc.gov](mailto:Georg.Brine@durhamnc.gov), [Brian.Buzby@durhamnc.gov](mailto:Brian.Buzby@durhamnc.gov), [Erin.Durkin@durhamnc.gov](mailto:Erin.Durkin@durhamnc.gov), [Elaine.Hyman@durhamnc.gov](mailto:Elaine.Hyman@durhamnc.gov), [Cedric.Johnson@durhamnc.gov](mailto:Cedric.Johnson@durhamnc.gov), [Armeer.Kenchen@durhamnc.gov](mailto:Armeer.Kenchen@durhamnc.gov), [David.Lowe@durhamnc.gov](mailto:David.Lowe@durhamnc.gov), [Scot.Maclver@durhamnc.gov](mailto:Scot.Maclver@durhamnc.gov), [Tom.Miller@durhamnc.gov](mailto:Tom.Miller@durhamnc.gov), [David.Morgan@durhamnc.gov](mailto:David.Morgan@durhamnc.gov), [Cristian.Santiago@durhamnc.gov](mailto:Cristian.Santiago@durhamnc.gov), [Carmen.Williams@durhamnc.gov](mailto:Carmen.Williams@durhamnc.gov)

## Durham Workers' Rights Commission: <https://durhamnc.gov/238/Boards-Committees-Commissions>

- [Kenneth.A.Amandolia@durhamnc.gov](mailto:Kenneth.A.Amandolia@durhamnc.gov), [Stephanie.N.Smith@durhamnc.gov](mailto:Stephanie.N.Smith@durhamnc.gov),, [Antonio.D.Luster@durhamnc.gov](mailto:Antonio.D.Luster@durhamnc.gov), [Bria.Powel@durhamnc.gov](mailto:Bria.Powel@durhamnc.gov), [Bianca.Olivares@durhamnc.gov](mailto:Bianca.Olivares@durhamnc.gov), [Dominic.Castro-wehr@durhamnc.gov](mailto:Dominic.Castro-wehr@durhamnc.gov), [Charles.R.Gooch@durhamnc.gov](mailto:Charles.R.Gooch@durhamnc.gov), [Priscilla.D.Smith@durhamnc.gov](mailto:Priscilla.D.Smith@durhamnc.gov), [Nancy.Kalow@durhamnc.gov](mailto:Nancy.Kalow@durhamnc.gov), [Bertha.Bradley@durhamnc.gov](mailto:Bertha.Bradley@durhamnc.gov), [Bennett.D.Carpenter@durhamnc.gov](mailto:Bennett.D.Carpenter@durhamnc.gov), [Christopher.P.Agoranos@durhamnc.gov](mailto:Christopher.P.Agoranos@durhamnc.gov), [Earl.E.Bradley@durhamnc.gov](mailto:Earl.E.Bradley@durhamnc.gov),
- Durham City Council is seeking thirteen (13) Durham City residents to serve on the Durham Workers' Rights Commission to consist of a diverse composition. The scope and responsibilities for the Commission include: To act as a public forum for workers' rights issues. To conduct studies and make recommendations to the City Council. Recommend pro-worker policies to the Durham City Council. To raise working standards by crafting an aspirational bill of rights. To support workers in their campaigns to form unions. To provide channels of communications among organized and unorganized workers.
- The Commission meets on the 4th Tuesday at 6:00 p.m. Conference Room 1A, Audit Services Area, 1st Floor, City Hall.

## Mayor's Council for Women

- <https://durhamnc.gov/238/Boards-Committees-Commissions>
- Description: The purpose of the Mayor's Council For Women is to improve the opportunities and quality of life of women in the City of Durham through civic engagement by promoting the interests and needs of the

community at-large; and to serve as a liaison and consultative body between women and the city government officials in order to further promote and protect equal opportunities for all.

- Gloria.DeLos.Santos@durhamnc.gov, Megan.A.Mccurle@durhamnc.gov, Mina.Ezikpe@durhamnc.gov, Ashley.Canady@durhamnc.gov, Nana.Asante-smith@durhamnc.gov, Nida.Allam@durhamnc.gov, Rebekah.Miel@durhamnc.gov, Amie.Koch@durhamnc.gov, Grace.Kaissal@durhamnc.gov,

## Breastfeeding Family Friendly Communities of Government Agenda: February 12, 2020 at 6:45

1937 W Cornwallis Rd, Durham, NC 27705\

On August 6, 2018, Mayor Stephen M. Schewel proclaimed the City of [Durham a Breastfeeding Friendly Community](#) (BFFC). BFFC Durham looks forward to future collaborations with businesses and institutions throughout the city and county to meet the needs of breastfeeding families.

**Introductions** from all attendees

**Review** of Breastfeeding Family Friendly Communities of Durham

- February 12, 2020 at 6:45: Government (Steps 1, 2, 8)
- March 20, 2020 at 10 AM: Childcare (Steps 2, 7, 10)
- May 15, 2020 at 10 AM: Healthcare (Steps 2, 3, 4, 5, 8)
- September 18 at 10 AM: Businesses (Steps 2, 7, 8, 9)
- October 14 at 6:45 PM: Education Systems (Steps 2, 10)
- November 13, 2020 at 10 AM: Childcare (Steps 2, 7, 10)
- December 9, 2020 at 6:45 PM: Framework & Planning for 2021 (Steps 1-10)
- January 2021: Meeting on the Durham Lactation :Support Providers

**Topic:** Breastfeeding Family Friendly Communities of Durham and the Durham Government have discussed collaborating on the following topics

- Celebrate: Durham County and City
- Workers get 12 weeks of paid parental leave
- Renew the **written and signed policy/proclamation**
- Actions to support Breastfeeding Families
  - “Breastfeeding welcome here” **signage** is posted next to the welcome signs to the city or in similar prominent positions (e.g., city operated parks, swimming pools, senior centers, etc.), and
  - A “Breastfeeding welcome here” seal/logo is posted on **city websites** and/or social media or similar,
  - And/or flyers are available at the visitor’s **bureau**.
  - **Keagan Sacripanti**, Planning Specialist <[Keagan.Sacripanti@durhamnc.gov](mailto:Keagan.Sacripanti@durhamnc.gov)> ”Signs erected by Durham City or County may be installed without a permit per UDO section 11.4.2L regardless of size. Incidental signage subject to area and height restrictions may be installed without a permit by non-governmental entities per UDO section 11.4.2H. Public signs erected by or on behalf of Durham City or County may be allowed within the public right-of-way per UDO section 11.5.1C. Signs located within a local historic district shall require a certificate of appropriateness per UDO section 3.17. When meeting with county representatives regarding collaboration on your proposed signage, please establish whether signage will be installed by or on behalf of a governmental entity, as well as whether any signage will be installed in a local historic district, in order to ensure conformity with the UDO.”
- Make sure that all **county employees are aware of North Carolina law** and North Carolina Law is enforced.
  - BFFC may need to discuss with local law enforcement
- Consider supporting County employees to receive **workplace accommodations** for breastfeeding such as a lactation room
  - [https://www.workwellnc.com/\\_links/toolkit/making\\_it\\_work/1118/BreastfeedingToolkit\\_Employers-LowInk.pdf](https://www.workwellnc.com/_links/toolkit/making_it_work/1118/BreastfeedingToolkit_Employers-LowInk.pdf)
- Did you know the giving formula to parents that are successfully exclusively breastfeeding can undermine health outcomes for infants and parents?
  - Families that are experiencing housing insecurity are particularly vulnerable.

- Is any support needed or wanted for infant feeding support or training.
- Provided: a list of peer to peer support phone numbers, breastfeeding in an emergency, and information for people who work at food banks.
- Please let me know if there's anything else I can do. I would also be happy to come and talk to your eighth graders as a parent, as an advocate, and as a former teacher.
- Does anyone from the Government need **any other** information from the Durham Breastfeeding Communities at this time?

### Minutes February 12, 2020 Meeting

Attending: Love Anderson, Aubrey Delaney, Joy Spencer, Kathleen Anderson, Vivian Slade, Gina Rose, Zion Tankard, Heidi Carter

#### Paid Leave

-Celebrated the paid leave policies in Durham City and County

#### Proclamation

- City of Durham has proclamation
- Towns of Chapel Hill and Carrboro have proclamations that provide additional “whereas” statements
- Send the Carrboro and Chapel Hill proclamations (Kathleen); can alter the language as needed for the Durham County proclamation
- Approach County Commissioners to get this on the agenda soon; do proclamation in April or maybe even in March
- County Proclamation could come through the Women’s Commission - in April with the resolution

#### Signage in Durham

- Review of BFFC and 10 steps for County attendees
- Breastfeeding Welcome Here Sign in locations where infants hang out (priority at pools and parks, DSS/HD, Library) and other locations (e.g., city and county buildings)
- Signage (logo, BF welcome here) on websites
- Proclamation first, then signage
- Introduction to Bryan Fox, Greater Durham Chamber of Commerce (Heidi)

#### Policy

- Policy needed at Durham Co for BF employees; HD has a BF policy
- Include “signage” language in the policy
- Start with discussion with County Commissioners for green light
- BFFC to email with DCHD and County Commissioners (Heidi spear-heading) with sample BF policy, signage, Proclamation
- Breastfeeding in an Emergency

#### Resolution in progress with DC around Black maternal health

- Womens Commission to submit a resolution on Black maternal health--BF should be separate but reference each other
- BF reduces SIDS and improves outcomes for Black mothers/children (thus could have cross-reference)
- 2016 Durham specific data re: maternal mortality/health
- Helpful to have the input of the attendees here - BFFC, LLLI - bring in other voices; ideas about who should be at the table



- Discussion with the health director; what strategies does the hd have; what is currently being done, best practices
- More support of grass roots and local organizations that are doing great work but don't have the research to backup the work
- Send out an invite to County to collaborate on action steps and policy updates
- Need copy of sign-in sheet (Joy)
- Get stories about the way that women are discouraged from breastfeeding. (e.g., Joy recounted her experience about getting formula containers when Joy clearly stated breastfeeding)
- Tina Sherman with Momrising gathering stories re birth experience and BF experience of families of color

#### Timeline of events

- Need a timeline
- Do proclamation in April for BF and same for Maternal Health Outcomes for Black parents
- Create policy following proclamation

#### Workplace Accommodations

- CGBI and NCBC put together a workplace accommodations list
- Accommodations for BF parents at County Gov feasibility; important to do this if we are breastfeeding friendly
- Accommodations for BF/expressing parents in HD. Will be buying a Mamavaa pod as well. For other buildings--does not have to be a dedicated space, can be shared use, pop up tents/screens acceptable
- Social services had a lactation room on the 3rd floor, bought a screen for an employee
- WIC office lactation room for employees
- Office of Women's Health [website](#) has some ideas
- Joy shared a story about her boss putting together a lovely space - can we use the business as a champion?
- Re city/other business owners interviewed for website/social media regarding accommodations they made for breastfeeding/spaces to express milk
- Wendy to be contacted to be placed on the agenda with resolutions for BF and Black Maternal Health

-[Women NC](#) / Local-to-Global Forum; free event; 8 presentations on women in Durham; to get more businesses; RSVP by Friday; great connections to make

## Monday, March 9, Phone call on

- Annual Triangle Breastfeeding Alliance Conference
  - Aubrey
  - Love
- Breastfeeding photo shoot sponsored by the Central North Carolina Breastfeeding Co on May 2.
  - We can have access to photos if we bring a [photo release](#) form for families.
  - Love cannot be there because of meeting with Joy regarding black maternal health.
  - Facebook ?
  - Rachel and Aubrey are going?
- Proclamation: I'm not sure how to get this moving again.
  - Following up in one week, and again in August
- Taskforce on Maternal Mortality and Disparate Racial Outcomes.
  - Approved

- Gina: Get stories to Joy about the way that women are discouraged from breastfeeding. (e.g., Joy recounted her experience about getting formula containers when Joy clearly stated breastfeeding)
- Funding
  - Printing
  - Photos
  - Clings
  - Websites
  - Educational Documents and printings,
  - Books of child Care Providers
  - Books
  - Gina's BFFC work at Family Connects should be part of her job description so that this relationship is maintained
- Breastfeeding policy for government
  - Are we ready to share on Wednesday? yes
  - The health Department has already formed a Committee to start working on a breastfeeding policy, and if we want our recommendations to be included, then we have to get them to the health department ASAP.
- Social media -review meeting with Rachel and Aubrey
  - Is this done? Reach to out Holly Branch <holly.branch@duke.edu> about "Fun Fridays"
  - On hold
  - What do we want?
    - Support meeting
- Childcare meeting: March 20, 2020 at 10 AM: Childcare (Steps 2, 7, 10)
  - Printing?
  - Do we need to talk more about "What does culturally appropriate mean"?
  - Happy with how we are handling topics?
  - Dana and Jessica's slides are in the folder
- Review of [-Women NC](#) / Local-to-Global Forum; free event; 8 presentations on women
- What are we doing exactly: Healthcare award: May 15, 2020 at 10 AM: Healthcare (Steps 2, 3, 4, 5, 8). Too many of our providers in Durham are very far away from being breastfeeding family friendly. Wondering what we should put on the invitation exactly. We already had somebody RSVP.

~~Canceled: March 20, 2020 at 10 AM~~

## March Work Plan

- Review [Breastfeeding policy for government](#)
  - Are we ready to share
  - Proclamation: I'm not sure how to get this moving again.
  - Following up
  - There is so much more in the [folders](#) check them out.
- Taskforce on [Maternal Mortality and Disparate Racial Outcomes](#).
  - Approved
  - Gina: Get stories to Joy about the way that women are discouraged from breastfeeding. (e.g., Joy recounted her experience about getting formula containers when Joy clearly stated breastfeeding)
  - There is so much more in the [folder](#) check it out.
- Order the Clings
- Review the website and find broken links
- Social media -review
  - Reach to out Holly Branch <holly.branch@duke.edu> about "Fun Fridays"
  -

- What are we doing exactly: Healthcare award: May 15, 2020 at 10 AM: Healthcare (Steps 2, 3, 4, 5, 8). Too many of our providers in Durham are very far away from being breastfeeding family friendly. Wondering what we should put on the invitation exactly. We already had somebody RSVP.
  - Should we go ahead and reschedule this?
- Review Health Department Grant [folder](#)
  - The pdf
  - How the [plan](#).

## March 30 phone call

- More changes for [Emergency Response Resources](#)? Good
  - Change the tab: I put the tab on the website.  
<https://breastfeedingcommunities.org/emergency-resources/>
  - I will update the website during our phone call on Monday. Send me your changes?
  - Is the email ready? yes
  - [https://87f24c98-4703-4ba3-ad78-5c962cd5774c.filesusr.com/ugd/fa37e1\\_6a87a03d7bf147bea5c5b432c18012dc.pdf](https://87f24c98-4703-4ba3-ad78-5c962cd5774c.filesusr.com/ugd/fa37e1_6a87a03d7bf147bea5c5b432c18012dc.pdf)
  -
- I set up our April meeting as a google meeting. Do we want to change the time? (Sounds like yes).
  - April - 6:45 won't work for me. Best times for me are around 2-4pm or after 8:00.
  - Give an update
  - Let's try 2 PM on April 22
- The May Health Provider meeting is to be canceled. Do we want to do a meeting online in May **and change the topic**? Or change the time?
  - May - it's hard for me to plan this far ahead. I'm open to others' ideas.
  - May same, try April 22 to start with
- Love will work on Sat: a link that walks us through the process of submitting a proclamation request. Please note that as of now, our next scheduled Regular Session meeting is on April 13, 2020. This date could change due to the "Stay at Home Order".  
<https://www.dconc.gov/government/departments-a-e/clerk-to-the-board/ordinances-resolutions-proclamations-letters>
- Ready Set Baby - I have not done anything with this yet. I can put on facebook if we want. I have also tried several times to add Love and Aubrey as admins for the facebook page and it never works. Not sure what to do about that.
- Gina: have a google doc that I will share with y'all that family connects has made for emergency resources (not necessarily breastfeeding related).
- Regarding FB admins: It's been my experience that you need to be connected to ("friends") those you want to add as admins. Are you friends with either Love or Aubrey? If not, that might be the next move to get them on as admins...
- **Email me at** [Chiara.Phillips@dhhs.nc.gov](mailto:Chiara.Phillips@dhhs.nc.gov) if you have any further questions
  - What about NC Child Care Providers who applied since the first of the year?

## April 6 phone call

- Please review again: Any more changes for <https://breastfeedingcommunities.org/emergency-resources/>?
- do we want to evite our April 22 meeting <http://evite.me/hnHUKynZTz>
  - Can we evite people outside of Durham?
- Submitted Proclamation request. April 13
- What can we do with the Family Connects drop box of recourse?
- What should we email Chiara.Phillips@dhhs.nc.gov
  - NC Child Care Providers who applied since the first of the year
  - NC WiC state
  - 
  - What else?

## April 13 phone call

- Please review again: Any more changes for <https://breastfeedingcommunities.org/emergency-resources/>?
- We are going to invite everyone to the April 22 meeting. Please review. <http://evite.me/hnHUKynZTz>
- Proclamation is happening tonight! April 13 at 7PM
  - <https://www.dconc.gov/government/departments-a-e/board-of-commissioners/commissioner-meetings>
  - [https://durhamcounty.legistar1.com/durhamcounty/meetings/2020/4/1138\\_A\\_Board\\_of\\_County\\_Commissioners\\_20-04-13\\_Meeting\\_Agenda.pdf](https://durhamcounty.legistar1.com/durhamcounty/meetings/2020/4/1138_A_Board_of_County_Commissioners_20-04-13_Meeting_Agenda.pdf)
- What can we do with the Family Connects drop box of recourse?
- What should we email Chiara.Phillips@dhhs.nc.gov
  - NC Child Care Providers who applied since the first of the year
  - NC WiC state
  - What else?

## April 20 phone call

- Please review again: Any more changes for <https://breastfeedingcommunities.org/emergency-resources/>?
- We are going to invite everyone to the April 22 meeting. Please review. <http://evite.me/hnHUKynZTz>
- Proclamation is happening tonight! April 13 at 7PM
  - <https://www.dconc.gov/government/departments-a-e/board-of-commissioners/commissioner-meetings/bocc-live-archived-media-library>
  - April 13, 2020, Time stamp 25 min
  - [https://durhamcounty.legistar1.com/durhamcounty/meetings/2020/4/1138\\_A\\_Board\\_of\\_County\\_Commissioners\\_20-04-13\\_Meeting\\_Agenda.pdf](https://durhamcounty.legistar1.com/durhamcounty/meetings/2020/4/1138_A_Board_of_County_Commissioners_20-04-13_Meeting_Agenda.pdf)
- What can we do with the Family Connects drop box of recourse?
- What should we email Chiara.Phillips@dhhs.nc.gov
  - NC Child Care Providers who applied since the first of the year
  - NC WiC state
  - What else?

- Email to Duke people: We know that conditions and policies are changing rapidly, and we would like to help keep all families informed and supported during this time. Breastfeeding Family Friendly Communities of Durham would like clarification on the specific policies and recommendations at the Duke system hospitals regarding labor and delivery, the postpartum ward, and COVID-19. If you are able, we would love to have you join us Wednesday between 2:00-4:00 to discuss these policies. <http://evite.me/hnHUKynZTz>

## April 22 meeting

See evite <http://evite.me/hnHUKynZTz>

**Attending:** Love Anderson (Durham), Annette Carrington (Health Dept, Durham), Aubrey Delaney (Health Dept, Durham), Daina Huntley (Durham, CGBI), Erin Crites (Doula & BFFC of EC), Gina Rose (Family Connects, LC & Nurse, Durham), Heidi Carter (Durham County Commissioner), Jessica Bridgman (Durham, CGBI), Paula Wright (Nursing Director for Family Connects, LC, Durham), Rachel Lewis, Tina Sherman (Moms Rising, Durham), Brenna Harmon (Duke Hosp, Baby Bistro)

**Burning Questions:** Separation of mothers and infants

Our goal at Breastfeeding Family Friendly Communities is to support all families in our community during this unprecedented and stressful time. We know that information and recommendations are changing rapidly and it can be difficult to find the resources you need to sustain your family. Please see our [COVID-19 Emergency Resources Page](#) for information, resources, tips, and support.

### 2020 Events

Please RSVP if you are interested in attending a meeting/training or supporting continuing work.

- January 10, 2020 at 10 AM: [Lactation Support](#) (Step 2, 6) (Continuing [via email](#))
- February 12, 2020 at 6:45: [Government](#) (Step 1, 2, 8) (Continuing [via email](#))
- ~~March 20, 2020~~ at 10 AM: [Child Care](#) (Step 2, 7, 10)
- [Online](#): April 22, 2020 at 2 to 4 PM: [COVID19](#) and [Community](#) (Step 2, 4, 7)
- [Online](#): May 15, 2020 at 10 AM: [COVID19](#) and [Healthcare](#) (Step 2, 3, 4, 5, 8)
- September 18 at 10 AM: [Businesses](#) (Step 2, 7, 8, 9)
- October 14 at 6:45 PM: Education Systems (Step 2, 10)
- November 13, 2020 at 10 AM: [Childcare](#) (Step 2, 7, 10)
- December 9, 2020 at 6:45 PM: [Framework & Planning](#) for 2021 (Steps 1-10)

**About Us:** Breastfeeding Family Friendly Communities is a health equity advocacy group. It is our hope that every family understands the [benefits of breastfeeding](#), and then makes educated and informed decisions that are right for each family. We celebrate every amount of breastmilk whether received by breast/chest, [given by bottle](#), or provided by another method ([supplemental nursing system](#), [syringe](#), [spoon](#), [gastrostomy tube](#), [Haberman Feeder](#)). Though our focus is breast/chest/human milk feeding, Breastfeeding Family Friendly Communities strives to support all Durham families, including families that use formula (whether planned or not planned). We are working to be sensitive to every family's trials, tribulations, pain, exhaustion, needs and challenges. There is a great deal of work to be done before all families will have equitable access to healthcare, [breastfeeding support resources](#), and education. Our definition of breastfeeding "success" is defined by each family's individual needs and by each family's individual desires.

## Become A Breastfeeding Family Friendly Community!

<https://breastfeedingcommunities.org/bring-breastfeeding-friendly-to-your-global-community/>

### Self-Appraisal: Approaches and Measures:

<https://breastfeedingcommunities.org/bring-breastfeeding-friendly-to-your-global-community/suggested-approaches-and-measures/>

- Separation
  - Written plan/birth plan - how can we support families to self-advocate?
  - What happens to the baby
  - <https://www.liebertpub.com/doi/10.1089/BFM.2020.29153.ams>
  - What are we hearing? What do we know?
    - Moms Rising collecting stories; the concern is out there and physicians are warning pregnant people but haven't heard of a separation happening yet
    - Rushed discharges (24hr, lacking lactation support)
    - Rushed inductions to allow partner support (39 weeks)
    - A lot of LLL referrals happening (local + global)
    - Duke starting testing today, expect roughly 14% positive rate (asymptomatic), will Recommend separation (not compulsory, but will families know that and advocate for themselves)
    - Duke Regional Hosp. started universal screening Tuesday, Duke University (Big Duke) will Thursday
    - One confirmed case of separation as of today (Regional)
    - Only one support person allowed (choice between partner and other support person i.e. doula, concerned even one might not be allowed in future) - resources to help families self-advocate in these scenarios?
- What are we doing?
  - "Know Your Rights" campaign via social media from Moms Rising - amplify the message that separation is not mandatory - check back with Tina to share - also running targeted ads
  - One page handout put together by Kathleen, all editing, will add to webpage:  
[https://docs.google.com/document/d/1DG0sCiHph9\\_h9wHxdOyyBUZtP6hyvhs\\_eCjoR5LFNnw/edit?usp=sharing](https://docs.google.com/document/d/1DG0sCiHph9_h9wHxdOyyBUZtP6hyvhs_eCjoR5LFNnw/edit?usp=sharing)
  - Community Action Team w/ Health Dept - find out what is being communicated to patients
  - Supporting black maternal health and all minority parents
  - Share (the right) information widely
  - Resources on CGBI website: <https://sph.unc.edu/cgbi/covid-19-resources/>
  - [https://action.momsrising.org/survey/COVID19\\_PregnantBreastfeeding/](https://action.momsrising.org/survey/COVID19_PregnantBreastfeeding/)
  - Stacey Starsman is our IBCLC in the Outer Banks and is offering tele-Health. - add to website
  - Recognize that resources are constantly evolving and being updated
  - Seeking broad birthing plans that could help guide and advocate - must be realistic, positive - may be better to offer educational resource instead (no questions)
    - Questions can help guide discussion with support people
    - Erin has a handout - will share
  - Virtual doula support happening now, in labor and postpartum - so far providers seem to support this - can we add contact info of doulas to the website?
  - Baby Bistro now providing virtual support - add to website?
  - Create a one-pager for OBs and Pediatricians offices to hand out? Elicit responses from families in a nonjudgmental, informative way
    - Use WHO graphics to support mothers to breastfeed safely with COVID
    - <https://twitter.com/who/status/1241420788391129088?s=21>
    - <https://twitter.com/who/status/1241428174933823490?s=21>
    - <https://kellymom.com/covid19/covid-19-summary/>
    - Difficult to sort through all the information from all the sources

- Discussed waiver at Evidence Based Birth site: <https://evidencebasedbirth.com/advocating-for-yourself-during-labor-with-heather-mccullough/>
      - Would prefer to give information on all options available to parents
    - Duke trying to balance best interests of patients with safety of staff, implementing CDC recommendations as best as they are able, complicated discussions happening
- Step 2: The community provides a **welcoming atmosphere** for breastfeeding [families](#).
  - <https://breastfeedingcommunities.org/proclamation-durham-county/>
  - <https://www.dconc.gov/government/departments-a-e/clerk-to-the-board/ordinances-resolutions-proclamations-letters>
  - Keyword search in your city <ORDINANCES, RESOLUTIONS, PROCLAMATIONS & LETTERS>
- Step 4: **During pregnancy, all families** in the community are informed about the benefits of breastfeeding and where to access support as needed.
  - <https://breastfeedingcommunities.org/emergency-resources/>
- Step 3: The **business and social organizations** in the community provide a welcoming atmosphere for breastfeeding [families](#).
  - <https://breastfeedingcommunities.org/non-breastfeeding-support/>

### Current Work in Durham

- Review Taskforce on Maternal Mortality and Disparate Racial Outcomes and model it after the work that is being done in New York.
  - A. For the time being Breastfeeding Family Friendly Communities of Durham will be forming a Subcommittee/Taskforce to work on the breastfeeding parts of Maternal Mortality and Disparate Racial Outcomes, but **we like the idea of working with a larger group better**. We are more than happy to let others (Joy) take the lead on this work. But now that I have done so much reading and talked to our members, we are fired up! But I am surprised how few models there are for success in the country. And long term, I want to share Breastfeeding Family Friendly Communities of Durham's work in the area with the Carolina Global Breastfeeding Institute, NC Breastfeeding Coalition, US Breastfeeding Coalition (already does a lot with this) with the recommendation that they add our work to their models.
  - B. The feedback I got from white BFFC Members.
    1. Please, please can we lean into this!
    2. "What can we do to support this work!
    3. "Black women and babies are dying every day. I know I'm white. But these are women and children that I love, that I work with...The next black baby that dies in this country could've been the person that cures cancer or flies the first Mission to Mars.
    4. We [Breastfeeding Family Friendly Communities of Durham] are all about supporting marginalized families, and I can't think of any marginalized community work that is more important than this in Durham. What can I do to help? œ
    5. "I am happy to step up or step back depending on what is needed."
  - C. Joy from the Durham Women's Council has also asked for proposals on what Breastfeeding Family Friendly Communities of Durham would like to do to address Black Maternal Health in Durham. Joy is holding a meeting to look specifically at funding grassroots organizations. Who should review the proposal?
- How do we sustainably work with the Durham Health Department?
  - A. City and County of Durham Breastfeeding Support Policy Recommendations
- How do we help food pantries know how to support breastfeeding families?
- Try to get more advocates to come email on the parent advocate groups in Durham?
- Check in on Faith-Based Organization
  - A. Sounds like NCBfC and USBC are working on this.
- Community Award

- Specifically talk about how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.
  - A. How could we be more welcoming to family support members?
  - B. Maybe: Literature directed at grandmas, inclusive images
  - C. Add resources to website - family support page
  - D. Should we hold a senior center support meeting? Quarterly?

## Video Chat May 4, 2020

- 501c3 application
- Review Breastfeeding Family Friendly Communities Efforts to Improve Black Maternal Health in Durham
  - <https://grants.nih.gov/grants/guide/rfa-files/RFA-MD-20-008.html>
  - **Love:** So I was researching the funding situation last night for the Black maternal health project.
    - It looks like none of the funding agencies are agile enough to be able to allocate funds quickly.
    - I reached out to some of my friends who are good at getting money (they are white males).
    - Their recommendation would be that we look for small individual donations from people. We could simply have people PayPal us.
    - We probably need to put together a very persuasive email, tweet, Instagram, Facebook, and short video. As long as we don't exceed \$10,000 we don't have to worry about taxes.
    - The other Recommendation was that we raise money for all marginalized communities.
    - Focusing on the place where our work intersects with people who have extra money right now.
  - **Andora Pyatt:**
    - have a survey that is mobile friendly its multiple choice asking questions about their pregnancy, communication with doctors, barriers, treatment received by staff at hospital e.g. treated unfairly, postpartum..etc.
    - It would be nice to do a focus group with mom's who incurred disparities and make that a part of a video. Maybe get with WIC or an agency where they can direct mom's to us too so that we can interview, ask of their experiences a mini documentary or follow a mom throughout her pregnancy (video) this will keep donations coming in bc we can have it on the site.
    - I love the idea of the video to get funding. And connecting moms/families to supported organizations from one of your bullet points:
    - Start up funds to host low cost, free and /or sliding sola prenatal workshops or class for black women and women of color (eg, childbirth class, breastfeeding workshops, doula training, food and nutrition prenatal yoga, prenatal massages).
- As of 4/29 at Duke, any COVID positive or suspected parent will now be permitted to have one support person with them during labor and their postpartum stay while at Duke University Hospital.
- Monday, May 4, 2020 1:04 PM at UNC: labor and delivery is supposed to go live with universal COVID testing today on Labor/Delivery. It is my understanding if mom tests positive (3day wait) then dad will need to be tested and she can opt to be placed with the baby in isolation while in hospital in NBN. However, if the baby is in NICU then COVID positive parents are required to quarantine for 2wks.
- Please review again: Any more changes for <https://breastfeedingcommunities.org/emergency-resources/>?
- Review the April 22 meeting notes below.
- May 15, 2020 at 10 AM



# Video Chat May 12, 2020

- What is the one thing that you want to get done between now and September 1?
- Kathleen- 501 C 3
- Aubrey
- Review Breastfeeding Family Friendly Communities Efforts to Improve Black Maternal Health in Durham
- <https://grants.nih.gov/grants/guide/rfa-files/RFA-MD-20-008.html>
- Start-up funds to host low cost, free and /or sliding sola prenatal workshop or class for black women and women of color (eg, childbirth class, breastfeeding workshops, doula training, food, and nutrition prenatal yoga, prenatal massages)
- Start an education group for people of color to normal physiologic (natural) birth challenges by learning more about the birthing and midwifery traditions in black communities. Support the pregnant individual's autonomy in making choices about their birth. But never try to coerce or control them according to your own fears, values, or beliefs.
- Start-up funds to set up a "circle of support" around a group of pregnant people of color to reduce stress, reduce isolation, normalize breastfeeding, and talk about healthy parenting practices.
- Start-up fund to start a weekly meal cooking group for mothers of color ( with normalize breastfeeding and talk about health parenting practices).
- Health Department
- Next meeting
- What do we want to talk about?
- What can we do to support other
- updates
- Who do we want to invite?
- I want to start working with all bffc in NC
- Last meeting Attending: Love Anderson (Durham), Annette Carrington (Health Dept, Durham), Aubrey Delaney (Health Dept, Durham), Daina Huntley (Durham, CGBI), Erin Crites (Doula & BFFC of EC), Gina Rose (Family Connects, LC & Nurse, Durham), Heidi Carter (Durham County Commissioner), Jessica Bridgman (Durham, CGBI), Paula Wright (Nursing Director for Family Connects, LC, Durham), Rachel Lewis, Tina Sherman (Moms Rising, Durham), Brenna Harmon (Duke Hosp, Baby Bistro)
- Dr. Elaina Lee who is a volunteer with NMR: Family Medicine: Exit 278 on I-40 [www.familycarepa.com](http://www.familycarepa.com)
- [brenna.harmon@duke.edu](mailto:brenna.harmon@duke.edu)
- <http://evite.me/DwM97eHdxW>

## May 15, 2020 at 10 AM

Moved online

Participants: Love Anderson, Gina Rose, Aubrey Delaney, Elaina Lee (Durham pediatrician, Member-Nursing Mothers of Raleigh), Andora Pyatt, Kathleen Anderson (note-taker; notes in red below)

Our goal at Breastfeeding Family Friendly Communities is to support all families in our community during this unprecedented and stressful time. We know that information and recommendations are changing rapidly and it can be difficult to find the resources you need to sustain your family. Please see our [COVID-19 Emergency Resources Page](#) for information, resources, tips, and support.

We reviewed the BFFC COVID-19 page. No questions.

## Updates

Andora: Reaching out to local agencies and organizations that support Black maternal health to determine what they need; how BFFC can support them; emailed to the BFFC team for names; develop best practices information for healthcare providers. Highlighted MAME (pre-intake to see what the needs are). Future work: Determine how we can support organizations in other communities beyond Durham.

Durham Connects has an extensive list of providers, supporters. Welcome Baby is another organization to include in the list, based on the services that they provide. We also want to include other marginalized communities (e.g., deaf and hard of hearing communities, LGBTQ communities); however, we need a connection or someone who is inside that community to make that happen.

- Elaina is starting to work with LGBTQ communities and would be willing to provide information and support. Love will follow up with Elaina.
- From chatlog: Emerald Doulas, Victoria Facelli, IBCLC (though she is on a hiatus)
- Durham Connects has information for Spanish speaking communities.

Upcoming 2020 Event: Please RSVP if you are interested in attending a meeting/training or supporting continuing work.

- September 18 at 10 AM
- October 14 at 6:45 PM
- November 13, 2020 at 10 AM
- December 9, 2020 at 6:45 PM: [Framework & Planning](#) for 2021 ([Steps 1-10](#))
- About Us: Breastfeeding Family Friendly Communities is a health equity advocacy group. It is our hope that every family understands the [benefits of breastfeeding](#), and then makes educated and informed decisions that are right for each family. We celebrate every amount of breastmilk whether received by breast/chest, [given by bottle](#), or provided by another method ([supplemental nursing system](#), [syringe](#), [spoon](#), [gastrostomy tube](#), [Haberman Feeder](#)). Though our focus is breast/chest/human milk feeding, Breastfeeding Family Friendly Communities strives to support all Durham families, including families that use formula (whether planned or not planned). We are working to be sensitive to every family's trials, tribulations, pain, exhaustion, needs and challenges. There is a great deal of work to be done before all families will have equitable access to healthcare, [breastfeeding support resources](#), and education. Our definition of breastfeeding success is defined by each family's individual needs and by each family's individual desires.
- Become A Breastfeeding Family Friendly Community!  
<https://breastfeedingcommunities.org/bring-breastfeeding-friendly-to-your-global-community/>. Self-Appraisal: Approaches and Measures: <https://breastfeedingcommunities.org/bring-breastfeeding-friendly-to-your-global-community/suggested-approaches-and-measures>
- Separation: No burning questions or need for new information beyond what we have put together at this time.
  - <https://breastfeedingcommunities.org/emergency-resources/>
    - A Birth Intention Plan is an outline of your preferences during your labor and delivery.
    - COVID-19 hospital restrictions [things you should consider in implementing your Birth Wish Intention Plan](#) (BWIP).
    - [Birth Intentions Plan](#) from Scrunchy Mama Wellness by Erin Crites, LCCE & Doula
    - ["Should Infants Be Separated from Mothers with COVID-19? First, Do No Harm"](#)
    - ["COVID-19: Separating Infected Mothers from Newborns: Weighing the Risks and Benefits"](#)
    - Breastfeeding Family Friendly Communities' [highlights of Best Practice](#) in Breastfeeding Support From the CDC During the COVID-19 Pandemic.
    - [Shared Decision-Making Determining a Need for Infant Separation](#)
    - Carolina Global Breastfeeding Institute is offering free [Ready. Set. Baby](#) sessions to prepare couples to deliver at Baby-Friendly Hospitals. These sessions are in English and in Spanish.

- What happens to the baby
- What are we hearing? What do we know?
  - <https://www.covidmoms.org/>
  - Moms Rising collecting stories; the concern is out there and physicians are warning pregnant people but haven't heard of a separation happening yet
  - Confirmed cases of separation
  - Only one support person allowed (choice between partner and other support person i.e. doula, concerned even one might not be allowed in future) - resources to help families self-advocate in these scenarios?
  - Know Your Right campaign via social media from Moms Rising - amplify the message that separation is not mandatory - check back with Tina to share - also running targeted ads
  - One page handout: [https://docs.google.com/document/d/1DGOsCiHph9\\_h9wHxdOyyBUZtP6hyhys\\_eCjoR5LFNnw/edit?usp=sharing](https://docs.google.com/document/d/1DGOsCiHph9_h9wHxdOyyBUZtP6hyhys_eCjoR5LFNnw/edit?usp=sharing)
  - Community Action Team w/ Health Dept - find out what is being communicated to patient
  - Supporting black maternal health and all minority parents
  - Resources on CGBI website: <https://sph.unc.edu/cgbi/covid-19-resources/>
  - [https://action.momsrising.org/survey/COVID19\\_PregnantBreastfeeding](https://action.momsrising.org/survey/COVID19_PregnantBreastfeeding)
  - Recognize that resources are constantly evolving and being updated
  - Virtual doula support happening now, in labor and postpartum - so far providers seem to support this - can we add contact info of doulas to the website?
- BFFC Step 4: During pregnancy, all families in the community are informed about the benefits of breastfeeding and where to access support as needed.
  - <https://breastfeedingcommunities.org/emergency-resources/>
- Current Work in Durham: Suggestion to reach out to Durham City government for another proclamation.
  - Review Taskforce on Maternal Mortality and Disparate Racial Outcomes and model it after the work that is being done in New York.
  - How do we sustainably work with the Durham Health Department?
  - City and County of Durham Breastfeeding Support Policy Recommendations
  - How do we help food pantries know how to support breastfeeding families?
  - Try to get more advocates to come email on the parent advocate groups in Durham?
  - Childcare: Suggestion that we could reach out to the childcare providers in Durham with an offer to support them, as well as information from the COVID-19 page. Aubrey shared that the Durham Health Department is providing a weekly(?) digest that we might want to share with childcare providers in Durham.
- Check in on Faith-Based Organization: Aubrey is scheduled to meet with a faith-based colleague at Health Ministry Network to talk about health-related initiatives (how to engage people, get information). It might be helpful to connect with them through their meetings rather than asking Faith-Based Organizations to come to a BFFC meeting.
  - Sounds like NCBfC and USB are working on this.
- Specifically talk about how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.
  - How could we be more welcoming to family support members?
  - Maybe: Literature directed at grandmas, inclusive images
  - Add resources to website - family support page
- Health Leadership
  - [Resources for Health Professionals](#) from the [American Academy of Pediatrics](#)
  - [Resource](#) assembled by medical professionals that live and work in North Carolina
  - [Protocols](#) from the Academy of Breastfeeding Medicine
  - [How To Have a Breastfeeding Friendly Practice](#)

- [Ten Steps to Support Parents' Choice to Breastfeed Their Baby](#)
- How could we better connect with marginalized groups in Durham
- What can BFFC do to support others
- Any Other Updates
- Fall Focus: Government, Faith Based, non-Faith Based, Child Care check in,
- DCODPH lists [Here are the email](#)
- <https://www.facebook.com/334695260060270/posts/1491378554391929/?d=n>
- Thank you for welcoming me into the meeting! Our practice does not yet have any of the awards through NCBC or otherwise. I have not applied recently; a few years ago, I tried to start the process. I will talk to the practice owner and office manager about it; I hope that we can do it this year! I guess we don't have a formal breastfeeding policy, but we can create one.
- Breastfeeding Family Friendly Communities of Durham would like to form a Committee to work on the LGBTQ+ project. Thank you Amber for volunteering to head the committee. I put together a folder with all the information that I have. This is meant to be a collaborative work space, so you can change anything. But I want to give you a starting point.  
<https://drive.google.com/drive/folders/1t3wLJ-QPYaAPJpFqMJRgBjhmYAHWVL5g?usp=sharing> Here is the outline of the work that we have put together.
- Amber Crews is a Maker, mama, Certified Go Diaper Free Coach and member of BFFC of Durham
- I have reached out a few of the LGBTQ plus advocacy groups the triangle area and I am waiting the hear back (see the forwarded email below): [transformingfamiliesnc@lgbtqcenterofdurham.org](mailto:transformingfamiliesnc@lgbtqcenterofdurham.org), [csgd@studentaffairs.duke.edu](mailto:csgd@studentaffairs.duke.edu), [lgbtq@unc.edu](mailto:lgbtq@unc.edu), [boutique@ncbirthcenter.org](mailto:boutique@ncbirthcenter.org), [pflagtriangle@gmail.com](mailto:pflagtriangle@gmail.com)
- Elaina is very interested in connecting with more people in the LGBTQ+ community to educate them about and help them with breastfeeding/chest feeding/human milk feeding.
- Ellen Chetwynd and Nicola Singletary, two IBCLC who are interested in doing this, also, as part of their lactation practices.
- The Academy of Breastfeeding Medicine just published their guidelines for breastfeeding in the LGBTQ+ community. It can be accessed here: <https://www.liebertpub.com/doi/full/10.1089/bfm.2020.29152.rf>
- Health Department links
  - [www.tinyurl.com/duccovid19resources](http://www.tinyurl.com/duccovid19resources)
  - [www.tinyurl.com/duccovid19recursos](http://www.tinyurl.com/duccovid19recursos)
  - [www.nccovidsupport.org](http://www.nccovidsupport.org)

## Video Chat May 18, 2020

Participants: Love Anderson, Gina Rose, Aubrey Delaney, Andora Pyatt, Kathleen Anderson

- BMH-Andora:
  - 
  - Highlighted MAME (pre-intake to see what the needs are). Future work: Determine how we can support organizations in other communities beyond Durham.
- LGBTQ+: Elaina is starting to work with LGBTQ communities and would be willing to provide information and support. Love will follow up with Elaina and Amber
  - Form a Committee to work on the LGBTQ+ needs.

- Thank you Amber for volunteering to head the committee. (When should we bring here in phone calls).
- I put together a folder with all the information that I have. This is meant to be a collaborative work space, so you can change anything. But I want to give you a starting point.  
<https://drive.google.com/drive/folders/1t3wLJ-OPYaAPIpFqMJRGBjhmYAHWVL5g?usp=sharing> Here is the outline of the work that we have put together.
- The Academy of Breastfeeding Medicine just published their guidelines for breastfeeding in the LGBTQ+ community. It can be accessed here:  
<https://www.liebertpub.com/doi/full/10.1089/bfm.2020.29152.rlf>
- I have reached out a few of the LGBTQ plus advocacy groups the triangle area and I am waiting the hear back (see the forwarded email below): [transformingfamiliesnc@lgbtqcenterofdurham.org](mailto:transformingfamiliesnc@lgbtqcenterofdurham.org), [csgd@studentaffairs.duke.edu](mailto:csgd@studentaffairs.duke.edu), [lgbtq@unc.edu](mailto:lgbtq@unc.edu), [boutique@ncbirthcenter.org](mailto:boutique@ncbirthcenter.org), [pflagtriangle@gmail.com](mailto:pflagtriangle@gmail.com)
- Equity Groups:
  - Durham Connects has an extensive list of providers, supporters.
  - Welcome Baby is another organization to include in the list, based on the services that they provide.
  - We also want to include other marginalized communities (e.g., deaf and hard of hearing communities, LGBTQ communities); however, we need a connection or someone who is inside that community to make that happen.
  - From chatlog: Emerald Doulas, Victoria Facelli, IBCLC (though she is on a hiatus)
  - Durham Connects has information for Spanish speaking communities.
- Kathleen 501 c3, adding links BFFC world, child care email with reason
  - Should we share this? Amidst COVID-19, NCBC would like to create a directory of online/telehealth breastfeeding resources across the state. Are you providing services for families during this time? Please complete this form so we can list it on our website.  
[https://docs.google.com/forms/d/e/1FAIpQLSebolLrpwWB87\\_3rPk5mVJCLAfKfPedITsKTrvHe2R6queYw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSebolLrpwWB87_3rPk5mVJCLAfKfPedITsKTrvHe2R6queYw/viewform)
- Send via email through health department
  - Community Action Team w/ Health Dept - find out what is being communicated to patient
  - DCODPH lists [Here are the email](#)
  - Health Department links
    - [www.tinyurl.com/ducovid19resources](http://www.tinyurl.com/ducovid19resources)
    - [www.tinyurl.com/ducovid19recursos](http://www.tinyurl.com/ducovid19recursos)
    - [www.nccovidsupport.org](http://www.nccovidsupport.org)
  - City and County of Durham Breastfeeding Support Policy Recommendations
- How do we help food pantries know how to support breastfeeding families?
- Try to get more advocates to come email on the parent advocate groups in Durham?
- Childcare: Suggestion that we could reach out to the childcare providers in Durham with an offer to support them, as well as information from the COVID-19 page. Aubrey shared that the Durham Health Department is providing a weekly(?) digest that we might want to share with childcare providers in Durham.
- Check in on Faith-Based Organization: Aubrey is scheduled to meet with a faith-based colleague at Health Ministry Network to talk about health-related initiatives (how to engage people, get information). It might be helpful to connect with them through their meetings rather than asking Faith-Based Organizations to come to a BFFC meeting.
  - Sounds like NCBfC and USBC are working on this.
- Specifically talk about how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.
  - How could we be more welcoming to family support members?
  - Maybe: Literature directed at grandmas, inclusive images
  - Add resources to website - family support page

- Fall Focus (maybe): Government, Faith Based, non-Faith Based, Child Care check in,
- <https://www.facebook.com/334695260060270/posts/1491378554391929/?d=n>
- Let start updating the Websites
  - make be over the summer
  - Global
  - Aubrey worked on Breastfeed Durham over the summer?
- Kathleen- 501 C 3
- Health Department: 2020-22 MCH CAT Breastfeeding Strategic Plan (First Draft), please feel free to comment. This is the outline from the grant.  
[https://docs.google.com/document/d/1zAFfmskb9EGDBBQUs2ZKB3WIOyp59gyM-5VyVeZm\\_AQ/edit?usp=sharing](https://docs.google.com/document/d/1zAFfmskb9EGDBBQUs2ZKB3WIOyp59gyM-5VyVeZm_AQ/edit?usp=sharing)
- The Next meeting topics might need to be changed
- Fall Focus: Government, Faith Based, non-Faith Based, Child Care check in,
  - Suggestion to reach out to Durham City government for another proclamation.
  - DCODPH lists [Here are the email](#)
  - September 18 at 10 AM: Businesses (Step 2, 7, 8, 9)
  - October 14 at 6:45 PM: Education Systems (Step 2, 10)
  - November 13, 2020 at 10 AM: Childcare (Step 2, 7, 10)
  - December 9, 2020 at 6:45 PM: Framework & Planning for 2021 (Steps 1-10)

## Video Chat June 1, 2020

Participants: Love Anderson, Gina Rose, Aubrey Delaney, Andora Pyatt, Kathleen Anderson, Amber Crews

- Review new website
- BMH-Andora:
  - What are doing with all the data that has been collected?
- LGBTQ+: Formed a Committee to work on the LGBTQ+ needs.
- What to do with our new resource list?
  - Newsletter: when do we send it
  - Awards (July is coming fast)
- Kathleen
  - Done: 501 c3,
  - Addi links to to other BFFC wo
- Health department up dates
  - Work on the Durham Health Department Breastfeeding Policies.
  - Reach out to BFF Business as a champion
    - Joy shared a story about her boss putting together a lovely space - can we use the business as a champion?
    - Re city/other business owners interviewed for website/social media regarding accommodations they made for breastfeeding/spaces to express milk

### Next time

- How do we help food pantries know how to support breastfeeding families?
- Check in on Faith-Based Organization: Aubrey is scheduled to meet with a faith-based colleague at Health Ministry Network to talk about health-related initiatives (how to engage people, get information). It might be helpful to connect with them through their meetings rather than asking Faith-Based Organizations to come to
- Specifically talk about how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.

- Reviewed Duke's discharge list
  - holes in list - needs completion/updates - needs to cover more geographical areas.
  - Stress importance of peer-to-peer community support (groups).
  - New Lactation team in mom/baby unit-add them to the list
  - First email [kimberley.moyer@duke.edu](mailto:kimberley.moyer@duke.edu)
- Do we want to follow up with Jan: teaches prep class for expecting parents, focusing on the first 2 weeks of establishing breastfeeding. 2 hour class (\$40) - includes one free follow up call. Willing to share curriculum so others can teach.
- Fill in lactation resource list for Durham (Telemedia)
- Fill in maternal health list

## Video Chat June 15, 2020

Participants: Love Anderson, Gina Rose, Aubrey Delaney, Andora Pyatt, Kathleen Anderson, Amber Crews

- BMH-Andora:
  - LGBTQ+: Formed a Committee to work on the LGBTQ+ needs.
- What to do with our new resource list?
  - Newsletter: when do we send it
  - Awards (July is coming fast)
- Kathleen
  - Done: 501 c3
  - Add links to other BFFC
- Health department up dates
  - Work on the Durham Health Department Breastfeeding Policy.
  - Reach out to BFF Business
- National Breastfeeding Month
  - Networking event
    - for providers: Providers and /Non-Profits
    - for breastfeed families: how are you making this new normal work
    - for black breastfeeding week
  - Win a gift
    - Tags us with a breastfeeding photo on instagram
    - Sign up to receive our newsletter
    - Apply for one of the breastfeeding awards
    - Email us a photo or a video about you support breastfeeding in Durham
      - Families
      - Provides/Non-Profits
      - Business
      - Faith based
      - Child Care

Next time

- How do we help food pantries know how to support breastfeeding families?
- Check in on Faith-Based Organization: Aubrey is scheduled to meet with a faith-based colleague at Health Ministry Network to talk about health-related initiatives (how to engage people, get information). It might be helpful to connect with them through their meetings rather than asking Faith-Based Organizations to come to
- Specifically talk about how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.
- Reviewed Duke's discharge list
  - holes in list - needs completion/updates - needs to cover more geographical areas.
  - Stress importance of peer-to-peer community support (groups).
  - New Lactation team in mom/baby unit-add them to the list
  - First email [kimberley.moyer@duke.edu](mailto:kimberley.moyer@duke.edu)
- Do we want to follow up with Jan: teaches prep class for expecting parents, focusing on the first 2 weeks of establishing breastfeeding. 2 hour class (\$40) - includes one free follow up call. Willing to share curriculum so others can teach.
- Fill in lactation resource list for Durham (Telemedia)
- Fill in maternal health list

## Video Chat June 29, 2020

- Newsletter
- Durham Chamber of Commerce
- BMH-Andora:
  - Working on getting doulas to be advocates for breastfeeding.
    - Sending that link with modules you sent on breastfeeding.
    - site can be interactive
    - good article  
<https://thehill.com/opinion/healthcare/503071-health-equity-includes-addressing-maternal-mortality>
- What to do with our new resource list?
  - Newsletter: when do we send it
  - Awards (July is coming fast)
- Kathleen: Done: 501 c3, Add links to to other BFFC
  - New work on BFFC page
  - NCBC Awards
- Health department up dates
  - Work on the Durham Health Department Breastfeeding Policy.
  - Reaching out to BFF Business
  - Check in on Faith-Based Organization: Aubrey is scheduled to meet with a faith-based colleague at Health Ministry Network to talk about health-related initiatives (how to engage people, get information). It might be helpful to connect with them through their meetings rather than asking Faith-Based Organizations to come to
  - Supporting Breastfeeding Families: Specifically talk about how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.
- **Spanish Speaking Families**

### If time

- Reviewed Duke's discharge list
  - holes in list - needs completion/updates - needs to cover more geographical areas.



- Stress importance of peer-to-peer community support (groups).
- New Lactation team in mom/baby unit-add them to the list
- First email [kimberley.moyer@duke.edu](mailto:kimberley.moyer@duke.edu)
- LGBTQ: Medical Provider Info sheet, Family Info sheet, Local Provider Info sheet
- How do we help food pantries know how to support breastfeeding families
- First Responders

## National Breastfeeding Month

Durham Chamber of Commerce Director of Marketing & Communications, Michelle Nelson,  
[mnelson@durhamchamber.org](mailto:mnelson@durhamchamber.org)

- Families (live, love, latch)
- LGBTQ+ Milky PlayGroup
- Networking event
  - for providers: Providers and /Non-Profits; Think you did not about how we support bf? What is your favorite benefit of breastfeeding?
  - a panel that would discuss the state of the county as regards (equity in) breastfeeding!
    - Holly Branch
    - Love Anderson
    - Joy Spencer <joy.essentialassistance@gmail.com>
    - Venssa
    -
  - for black breastfeeding week
- Need gifts
- Apply for one of the breastfeeding awards
  - Business
  - Faith based
  - [Community Non-Profit, Social, and Faith-Based Organizations](#)
- Health Department (this year of next year) [Policies](#)
- [First Responders](#)...

## Video Chat July 10, 2020

- Health department up dates
  - Reaching out to BFF Business
  - Check in on Faith-Based Organization: Aubrey is scheduled to meet with a faith-based colleague at Health Ministry Network to talk about health-related initiatives (how to engage people, get information). It might be helpful to connect with them through their meetings rather than asking Faith-Based Organizations to come to
  - Supporting Breastfeeding Families: Specifically talk about how to support grandmothers, aunts, and other family members who provide loving influence and guidance in the family.
- National Breastfeeding Month: <https://breastfeeddurham.org/celebrate-national-breastfeeding-month-2020/>
- ASD <https://docs.google.com/document/d/108saCho1W9U1qkJ-s95iYaqEPH4rIGGGkzF2y3pBMsm/edit#>
- Spanish Speaking Families
  - Intros

- Videos  
<https://docs.google.com/document/d/1UgOevJmd541UZeOgHSQakwgcviNXeZl1fdNFKVUUT0l/edit#>
- Review the website before each meeting <https://breastfeeddurham.org/spanish-speaking-families/>
- National Breastfeeding Month
- Other goals

## Video Chat July 27, 2020

- Rachel Lewis
  - Birthing Justic  
<https://sph.unc.edu/files/2020/03/CGBI-Birth-Justice-COVID19-Bill-of-Rights-Final.pdf>
  - **Celebrating national Breastfeeding month**  
<https://breastfeeddurham.org/celebrate-national-breastfeeding-month-2020/>
  - ASD resource
- Kathleen Anderson: Global and Orange County
  - What do you need?
  - Would you be ready to present on September 18 (or would you like me to present)
- Gina Rose:
  - Spanish Resources
  - Birthing Justice Questions  
<https://sph.unc.edu/files/2020/03/CGBI-Birth-Justice-COVID19-Bill-of-Rights-Final.pdf>
- Andora Pyatt:
  - Black Breastfeeding
  - Birthing Justice Questions:  
<https://sph.unc.edu/files/2020/03/CGBI-Birth-Justice-COVID19-Bill-of-Rights-Final.pdf>
- Amber Crews
  - Email all the providers on the LGBTQ plus list to confirm they're happy with their information
  - Share info
  - Share event
- Bernadette Greene
  - East Durham
- Love
  - live, love, latch
  - networking event
  - Healthcare,
  - Community Support Providers
  - Breastfeed LA: <https://www.breastfeedla.org/resources-map/>
- Aubrey Delaney
  - Breastfeeding Friendly Businesses
  - Faith Based
  - Government (Health Department)

### September:

- Businesses: I think we should all work together on this (maybe we should start now)
- Health Department meeting September 9
- September 18 at 10 AM
  - Intro (10)
  - the Global Perspective, (10)
  - COVID- up dates (10-20)

- Reggaement in BFFC Durham/Orange/Chatham, (20-30)

#### October:

- Training on reproductive life planning and breastfeeding, most likely in October. Beverly Gray, an Ob/GYN from Duke, is working with me to find a provider to give the breastfeeding session on October 13, 14, or 15 in the evening. It was going to be a dinner thing, but well, now it'll be a dinner on your own while on Zoom thing.
- Wonder if Duke and Durham providers participate in the CDC Survey of Maternity Practices in Infant Nutrition and Care? The survey measures care practices and policies that impact newborn feeding, feeding education, staff skills, and discharge support. Here's the link to the whole report:
  - <https://www.cdc.gov/breastfeeding/data/mpinc/index.htm>
  - [https://www.cdc.gov/breastfeeding/data/mpinc/state\\_reports.html](https://www.cdc.gov/breastfeeding/data/mpinc/state_reports.html)

## Video Chat August 10, 2020

- Celebrating national Breastfeeding month [National Breastfeeding Month](#)
- Recognizing [Breastfeeding Friendly First Responders](#)
- [Share your breastfeeding family pictures](#) any time before August 31. Prizes will be awarded each week during August.
- Child Care Designation
- Gina what do you think we should do about Spanish Resources because Duke has not changed proceger
  - Birthing Justice Questions  
<https://sph.unc.edu/files/2020/03/CGBI-Birth-Justice-COVID19-Bill-of-Rights-Final.pdf>
- Amber Crews
  - Email all the providers on the LGBTQ plus list to confirm they're happy with their information
  - Included in USBC newsletter
  - Contacted by: Harumi Reis-Reilly, MS, CNS, LDN, CHES, IBCLC, Lead Program Analyst; Maternal Child & Adolescent Health (MCAH)/ Breastfeeding Project; National Association of County & City Health Officials (NACCHO)
- Bernadette Greene: East Durham send her printed info
- Love
  - networking event
  - Community Support Providers/ Grant
  - Emailed Breastfeed LA: <https://www.breastfeedla.org/resources-map/>
  - Black Breastfeeding
  - All the committees: Black Breastfeeding, human milk, Spanish resources, Social Media, and BFF Business Award
- Aubrey Delaney
  - Breastfeeding Friendly Businesses (Flyer)
  - Faith Based
  - Government (Health Department)

#### September:

- Businesses: I think we should all work together on this (maybe we should start now)
- Health Department meeting September 9
- September 18 at 10 AM
  - Intro (10)
  - the Global Perspective, (10)
  - COVID- up dates (10-20)
  - How do you support and empower Breastfeeding families, especially low income Breastfeeding families when it is necessary for those individuals to venture out into this post Covid world

- ~~BFFC Durham/Orange/Chatham, (20-30)~~

October:

- Training on reproductive life planning and breastfeeding, most likely in October. Beverly Gray, an Ob/GYN from Duke, is working with me to find a provider to give the breastfeeding session on October 13, in the evening. It was going to be a dinner thing, but well, now it'll be a dinner on your own while on Zoom thing.
- Wonder if Duke and Durham providers participate in the CDC Survey of Maternity Practices in Infant Nutrition and Care? The survey measures care practices and policies that impact newborn feeding, feeding education, staff skills, and discharge support. Here's the link to the whole report:
  - <https://www.cdc.gov/breastfeeding/data/mpinc/index.htm>
  - [https://www.cdc.gov/breastfeeding/data/mpinc/state\\_reports.html](https://www.cdc.gov/breastfeeding/data/mpinc/state_reports.html)
- During this time of reevaluating public education can we integrate Covid appropriate healthy lifestyle choices including reproductive and maternal health lifestyle choices into school curriculums during this time of change. Big picture implementation like approaching the state, small picture implementation like emailing all the health teachers and Durham and asking if we could do a video presentation about healthy early childhood feeding.

## Next meeting last week in August

- Talk about the Triangle Black Maternal Health Commission
- I need your approval for the September 18 topic: meeting canceled
  - Review everything we have done all summer/Self assessment
  - Or Breastfeeding in the workplace during COVID-19: how to support employers; how to support employees who are home; how to support employees that are at work; how to support breastfeeding customers.
    - I also think we could get people from all over the place to show up to have this conversation. Everyone is trying to figure out how to work and do distance learning.
    - Each of you have veto power. If you have concerns about this breastfeeding friendly businesses topic let the team know.
    - There have been some fantastic seminars on Breastfeeding and COVID-19 offered during National Breastfeeding Month, so I don't think we will get a lot of people coming to another meeting like that.
    - Orange and Chatham County Breastfeeding Family Friendly Communities are up and running. They might be joining us at future meetings, but don't need an introduction to Breastfeeding Family Friendly Communities.
- Events
  - [Share your breastfeeding family pictures](#) any time before August 31. Prizes will be awarded each week during August. We have given out 3 prizes and there are still so many prizes to give away!
  - **Monday, August 24** at 10:00 am: [Milky Pride & Play](#) for LGBTQ+ Families
    - Do we want to stay in the the space of peer to peer support
  - **August 24 and 25:** Bernadette, Love, and Aubrey are in meetings the entire day.
    - Send out an email look for a new chair of this committee
    - Do we want to rename: race equity, Black Breastfeeding; Maternal Health
    - Andora Pyatt **Subject: Re: Andora: The Lifestyle of Melanated Moms**
    - moving forward with the grant request
  - **Monday, August 31** at 12:30 pm: [Durham Black Breastfeeding Week Culmination and Celebration](#)

- **Wednesday, September 2** at 10:00 am: [La Leche League Central Durham –Weaning – Four Chambers of the Heart](#) The Live, Love, Latch grand prize will be announced on September 2 at 9:55 am.
- **Wednesday, September 9** at 11:00 am: The Durham County Health Department Community Action Team will be talking about Breastfeeding on September 9. I think I have 20 minutes to present something. We still have to figure out what that something is. We'll talk more about that in September.
- **Friday, September 18 at 10:** our next big Breastfeed Durham meeting
- **I am wondering if any of you would like to contribute any information to our upcoming equity pages?**
  - Trauma-Informed Care (work in progress, and contributors needed)
    - <https://docs.google.com/document/d/1GkEw97CtELP3sHIAYMRf7OweA8HGhHvLW3ppzhhbKf68/edit?usp=sharing>
  - Single parents (work in progress, contributors needed)
    - Gina and Bernadette gave me some suggestions, but I can't remember what you said
    - <https://docs.google.com/document/d/1jTUm7y-Bs0mbdivamv4YzvihVR09PkizkchWKakdyGE/edit?usp=sharing>.

What to do about

- [4th Trimester Project](#)
- [Birth Stories Homepage – CEDI Website](#)
- <https://globalhealthmedia.org/videos/breastfeeding/>
- 
- COVID-19 and early postpartum breastfeeding: Emerging evidence and recommendations. On behalf of the DC Breastfeeding Coalition [[dcbfc.org](http://dcbfc.org)] and DC Health [[dchealth.dc.gov](http://dchealth.dc.gov)], thank you for registering to attend "COVID-19 and early postpartum breastfeeding: Emerging evidence and recommendations," which was held live on August 7, 2020 12:00 PM Eastern Time (US) in observance of World Breastfeeding Week [[worldbreastfeedingweek.org](http://worldbreastfeedingweek.org)]. The archived presentation can be viewed at the following link:
  - [https://childrensnational.zoom.us/rec/play/u5YocL38\\_Gk3S92Q4QSDC\\_F6W9S5eK-s1igXqaYKzkvhBngKNAKjYuEbM-eCAdLF-O5VTwmdl0vjK\\_H](https://childrensnational.zoom.us/rec/play/u5YocL38_Gk3S92Q4QSDC_F6W9S5eK-s1igXqaYKzkvhBngKNAKjYuEbM-eCAdLF-O5VTwmdl0vjK_H)
- Laurence Grummer-Strawn, PhD, MPA, MA, Unit Head of the Food and Nutrition Actions in Health Systems unit, World Health Organization
- • Clinical management of COVID-19 [Interim Guidance]. (27 May 2020). <https://www.who.int/publications-detail/clinical-management-of-covid-19> [who.int]
- • FAQs Breastfeeding and COVID-19 For health care workers [20 questions & decision tree]. (12 May 2020). <https://apps.who.int/iris/handle/10665/332719>[apps.who.int]
- • Breastfeeding and COVID-19 [Scientific Brief]. (23 June 2020). <https://www.who.int/publications/i/item/10665332639> [who.int]
- • Q&A: Breastfeeding and COVID-19. (7 May 2020). <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/q-a-on-covid-19-and-breastfeeding> [who.int]
- • Pregnancy, Childbirth, breastfeeding and COVID-19 [social media tiles]. <https://www.who.int/reproductivehealth/publications/emergencies/COVID-19-pregnancy-ipc-breastfeeding-infographics/en/> [who.int]
- • Breastfeeding and Covid19 YouTube Video. (28 May 2020). <https://www.youtube.com/watch?v=dJIWAj0ZKjA> [youtube.com]
- • WHO Academy's COVID-19 mobile learning app. <https://www.who.int/about/who-academy/the-who-academy-s-covid-19-mobile-learning-app> [who.int]

- Cochrane COVID-19 review of national clinical practice guidelines for key questions relating to the care of pregnant women and their babies.  
<https://pregnancy.cochrane.org/news/covid-19-review-national-clinical-practice-guidelines-key-questions-relating-care-pregnant> [pregnancy.cochrane.org]
- Karen Puopolo, MD, PhD, FAAP, Chief, Section on Newborn Medicine at Pennsylvania Hospital, Member of the AAP Committee on Fetus & Newborn
- FAQs: Management of Infants Born to Mothers with Suspected or Confirmed COVID-19 [Interim Guidance]. (Updated 22 July 2020).  
<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/faqs-management-of-infants-born-to-covid-19-mothers/>[services.aap.org]
- Lackey KA, Pace RM, Williams JE, Bode L, Donovan SM, Järvinen KM, Seppo A, Raiten DJ, Meehan CL, McGuire MA, McGuire MK. SARS-CoV-2 and human milk: what is the evidence? doi:  
<https://doi.org/10.1101/2020.04.07.20056812> [doi.org] [preprint prior to peer review]
- Breastfeeding Guidance Post Hospital Discharge for Mothers or Infants with Suspected or Confirmed SARS-Co V-2 Infection. (Updated 29 July 2020).  
<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/breastfeeding-guidance-post-hospital-discharge/>[services.aap.org]
- AAP Perinatal COVID-19 Registry. <https://my.visme.co/view/ojg9qq8e-npc-19-registry> [my.visme.co]
- Kimberlin DW, Puopolo KM. Breastmilk and COVID-19: What Do We Know? [Published online ahead of print, 2020 Jun 21]. Clin Infect Dis. 2020;ciaa800. doi:10.1093/cid/ciaa800  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7337725/> [ncbi.nlm.nih.gov]
- Clinicians are asked to participate in the National Registry for Surveillance and Epidemiology of Perinatal COVID-19 Infection, which will inform future guidance. Register at  
<https://redcap.ctsi.ufl.edu/redcap/surveys/?s=FY44J48D9F> [redcap.ctsi.ufl.edu]
- Alison Stuebe, MD, MSc, FABM, FACOG, Professor, Division of Maternal-Fetal Medicine University of North Carolina School of Medicine, Distinguished Professor of Infant and Young Child Feeding, Gillings School of Global Public Health, President, Academy of Breastfeeding Medicine
- Academy of Breastfeeding Medicine Statement on Coronavirus 2019 (COVID-19). (10 March 2020).  
<https://www.bfmed.org/abm-statement-coronavirus>[bfmed.org]
- Stuebe, A. (2020). Should Infants Be Separated from Mothers with COVID-19? First, Do No Harm. Breastfeeding Medicine, 15(5). <https://www.liebertpub.com/doi/full/10.1089/BFM.2020.29153.ams> [liebertpub.com]
- Salvatore CM, Han J-Y, Acker KP, Tiwari P, Jin J, Brandler M, Cangemi C, Gordon L, Parow A, DiPace J, DeLaMora P. (2020). Neonatal management and outcomes during the COVID-19 pandemic: An observation cohort study. Lancet Child Adolesc Health.  
[https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(20\)30235-2/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(20)30235-2/fulltext) [thelancet.com]

## What Love Worked Sept 7-13 this week

- Breastfeeding friendly communities from a global perspective, building a board
- Working on the Creating an Early Childhood Action Plan (ECAP) for Durham County
- Community action team meeting where I did a presentation I'm breastfeeding 101
- Talking with BEBES from UNC about breastfeeding promotion and education for individuals age 18-25
- Worked on breastfeeding friendly food pantry project
- Worked on NCLETP Homework
  - Review of national Breastfeeding month
  - Review of all Breastfeeding resources in Durham
- Worked Breastfeeding Friendly Business-Food pantry, Faith based

- Meeting with the board and Durham healthy for life subcommittee regarding education and training for providers, it was a subcommittee to put together an action plan
- Merck Seifert Childbirth Cities Grant Debrief
  - Learning how to more equitably work on grants
- Distributing prizes for the Live, Love, Latch

#### Businesses and Breastfeeding Send More Emails in Jan.

- STEP 7. The businesses and social organizations in the community are welcoming to breastfeeding families.
- Rationale: For a community to support breastfeeding, there is a need to provide locations where families are comfortable breastfeeding.
- Measures:
  - At least 50% of the Chamber of Commerce (CoC) member organizations, economic development organizations, and non-member organizations have signed a form (see [Business Application](#)) that they welcome breastfeeding in their place of business, and display welcome signs or “Breastfeeding Welcome Here” logo (e.g. window clings). These may be provided by the Team.
- Suggested Approaches:
  - Designating Group interacts with CoC and/or Rotary or other stakeholders to confirm provision and use of window clings/magnets for those who agree.
  - Local organizations (e.g., breastfeeding coalitions, La Leche League or other breastfeeding support groups, Rotary) may participate in distribution of window clings/magnets and hanging units for breastfeeding materials.
- PASS if window clings (or similar) are posted and/or availability of materials in at least 50% of businesses are documented.
- STEP 8. Local businesses and healthcare clinics/offices follow the principles of the International Code of Marketing of Breast-Milk Substitutes.
- Rationale: The International Code of Marketing of Breast-milk Substitutes (“Code of Marketing/WHO Code”) affirms that “the encouragement and protection of breast-feeding is an important part of the health, nutrition and other social measures required to promote healthy growth and development of infants and young children.” It strives to protect, promote, and support breastfeeding for the health and well-being of infants, especially during the vulnerable early months of life. Breastfeeding education and support allows families to make informed decisions regarding infant feeding practices. While realizing that manufacturers and distributors of breast-milk substitutes have a role to play in relation to infant feeding, the Code of Marketing recognizes that inappropriate and unnecessary marketing and distribution of breastmilk substitutes by healthcare facilities and businesses can impact the infant feeding practices of families.
- Measures:
  - Businesses that sell or promote commercial infant formula agree to offer pamphlets on the benefits of breastfeeding provided by a breastfeeding-support entity that receives no support from any part of the infant formula industry on the aisle or area where formula is sold.
  - No locally controlled groceries, food markets, convenience stores or pharmacies will promote commercial infant or related toddler formula by preferential shelf placement or by ads.
  - All non-locally controlled groceries, food markets, convenience stores and local pharmacies are encouraged to prevent local advertising of formula and to allow display space near infant foods and commodities for provision of breastfeeding literature and support information. This information may not be provided by the formula industry.
- Suggested Approaches:
  - Designating Group may work with local WIC or health care organizations to provide breastfeeding materials near infant foods and commodities shelves.
  - Designating Group will visit locally controlled groceries, food markets, convenience stores, or local pharmacies that sell formula to assess compliance.
  - CoC or similar, or other influential organization or agency, provides support for this effort.

- PASS when no locally controlled businesses have advertised infant formula or related toddler formulas by verification with such businesses, and when at least 50% of food stores agree to provide breastfeeding-supportive materials near formula shelf placement.
- STEP 9. The World Alliance for Breastfeeding Action (WABA) Maternity Care or, in the U.S., The US Business Case for Breastfeeding is promulgated by the government and the Chamber of Commerce or equivalent.
- Rationale: Workplace accommodation for breastfeeding workers is included in the Affordable Care Act (ACA) for hourly workers and is needed for breastfeeding to be successful following return to work.
- Measures:
  - The current state of the laws concerning mandated business support for breastfeeding, and the materials available to support the law, are made available to all CoC members, similar business groups, and other businesses at least annually (provided by local breastfeeding organizations or health department; ACA materials from Dept. of Labor: <http://www.dol.gov/whd/nursingmothers/> ).
  - The US Business Case for Breastfeeding or WABA Maternity Care related materials are promulgated by the Chamber of Commerce or similar organization (available at: <http://www.womenshealth.gov/breastfeeding/employer-solutions/index.php>).
- Suggested Approaches:
  - CoC, Rotary, and local breastfeeding organizations request the health department to promulgate this information annually and support adherence to the above.
  - Designating Agency or Group reviews action for adherence.
- PASS if CoC provides documentation that the health department has made the information and updated websites available.
- job postings: “We have an Infant at Work Program that is based on the long-term health values of breastfeeding newborns and infant-parent bonding. Eligible employees who are new mothers, fathers, or legal guardians can bring their infant (6 weeks to 6 months) when returning to work. (Depending upon job duties and work location.)”

## September 14

- Review of old business
- ECAP: Identified as a critical voice to contribute to the creation of an Early Childhood Action Plan (ECAP) for Durham County.
  - Workgroup Description In February 2019, the North Carolina Department of Health and Human Services released North Carolina’s Early Childhood Action Plan (ECAP). The NC ECAP puts forth goals that, if achieved, would “provide all North Carolina’s children, birth through age 8, with a fair opportunity to grow up healthy in safe and nurturing families, schools and communities, so that they are learning and ready to succeed.”
  - Durham will be the first county in North Carolina to create an ECAP specific to our community. To do so, the Durham Children’s Initiative (DCI), with the support of Durham County, will bring together families, community members, and family-/child-serving agencies to envision a future with a stronger, more aligned early childhood system. The ECAP process will build upon the incredible collaboration already underway in Durham.
- Equity pages
  - [Autism spectrum disorder](#) (additions are welcome)
  - [Trauma-Informed](#) Care (work in progress, and contributors needed)
  - [Single parents](#) (work in progress, contributors needed)
  - Socioeconomic (contributors needed)
  - Physical needs: body mobility, vision, sound (contributors needed)
  - Religious affiliations (contributors needed)



- Academic/professional (contributors needed)
  - Back at work right away (contributors needed)
  - Home from work for a while (contributors needed)
  - Geographic: North Durham, South Durham, East Durham, West Durham (contributors needed)
- Food Pantry: [Breastfeeding Friendly Food Pantry Project](#): Feel free to make comments and changes
- [Headstart Letter](#): I need help with this
- [Milky Pride & Play](#) for LGBTQ+ Families
- Newsletter: How do we want to work on Newsletters?
  - One per month
  - Plus one every week in August
- Orange and Chatham County Breastfeeding Family Friendly Communities are up and running. They might be joining us at future meetings, but don't need an introduction to Breastfeeding Family Friendly Communities.
- Presentations:
  - The Durham County Health Department Community Action Team talked about Breastfeeding on September 9.
  - Friday, September 18 at 10: our next big Breastfeed Durham meeting Canceled
  - October 13: Dr. Gabriela Maradiaga Panayotti and Love Anderson: It Takes a Village: How to Safely (and Gracefully) Promote Exclusive Breastfeeding in the Newborn Period
    - Add to newsletter
- Spanish Committee (Not sent)
  - Duke made some good progress with the video text and now Dr. Shaikh is revising it to incorporate the new AAP guidelines. Once she makes the edits Duke will be working on getting those approved by the COVID education folks. The videos will probably take a little longer to produce but we are working on getting that in process, too. Once the text is approved Duke will get that information translated and Duke would like to share the talking points more broadly while we wait on the videos.
  - In good news, a few of the Duke providers met yesterday and it came up in the discussion that currently the vast majority of patients are choosing to room in with their infants.
  - Want to do a facebook live.
  - Language equity email
  - Nicole Vazquez MBA <[nicole@scbirth.com](mailto:nicole@scbirth.com)>: Page be solely in spanish What do you think?
- Black Maternal Health and letter to (not sent-next meeting some time in late October) [Letter to the triangle black maternal health commission](#)

## September 21

- Please update next to your name with (1) what you have worked on the past week and (2) any pressing questions or concerns you would like to discuss with the team
  - Aubrey
    - Worked on:
    - Pressing questions/concerns:
  - Bernadette
    - Worked on: [Single parents](#)
    - Pressing questions/concerns:
  - Gina
    - Worked on:
    - Pressing questions/concerns:

- Kathleen
  - Worked on: Connecting with potential new BFFC communities; Reaching out to local student support; Reviewing - Child care trainings, Food Pantry document, local Business award
  - Pressing questions/concerns: F/u with NCBC regarding recent business applications
- Love
  - Worked on: Black Breastfeeding Committee, Equity pages, Food Pantry, Sent headstart Letter, LGBTQ+ Committee, Social media committee, Spanish Committee (Not sent)
  - Pressing questions/concerns:
    - What goes in the newsletter?
    - When will we be ready to share the Food pantry pages?
    - Any converse with the social media video files?
    - What do we want to do about Hispanic heritage month?
    - Do we want to be listed in association with Latinx-19?
    - Feedback on the [Presentations to A-HEC](#)
- Rachel
  - Worked on: I'm super behind I'm sorry! Trauma page still on my to do list as well as adding the 4th trimester website link to our web resources
  - Pressing questions/concerns: none
- Black Breastfeeding Committee: Modeling for children that breastfeeding is the best way to feed a baby fosters positivity and builds community support for the practice. As the article states, "Helping people understand that there's nothing wrong with breastfeeding, and that mothers [have the legal right to do it](#) wherever they're allowed to be, can go a long way toward building a more tolerant society."
  - Taking a break until October
  - Kathleen, What about sharing your curriculum list instead? We can combine it with an announcement regarding our Breastfeeding friendly childcare presentation and included in the November December newsletter?
  - [19 Children's Books That Normalize Breastfeeding](#)
- Equity pages
  - [Trauma-Informed](#) Care (work in progress, and contributors needed)
  - [Single parents](#) (work in progress, contributors needed), Gina
  - Socioeconomic (contributors needed)
  - Physical needs: body mobility, vision, sound (contributors needed)
  - Religious affiliations (contributors needed)
  - Academic/professional (contributors needed)
  - Back at work right away (contributors needed)
  - Home from work for a while (contributors needed)
  - Geographic: North Durham, South Durham, East Durham, West Durham (contributors needed)
- Food Pantry: [Breastfeeding Friendly Food Pantry Project](#): Feel free to make comments and changes
- [Headstart Letter](#): Sent, no questions at this time
- LGBTQ+
  - [Directory of Local Support](#)
  - [National lactation support resources for LGBTQ plus families](#)
  - [National lactation support resources medical providers](#)
  - [Milky Pride & Play](#) for LGBTQ+ Families
  - Over the next 6 months we will focus on...
    - Step 4 of the Breastfeeding Family Friendly Community Designation: "During pregnancy, all families in the community are informed about the benefits of human milk feeding and where to access support as needed."

- Suggested Approaches:
    - Explicitly define community organizations in Durham. (Does our LGBTQIA+ equity lens play a role in that definition?)
    - The LGBTQ+ Committee will need to provide materials, such as those produced by La Leche League, WIC or other local groups, for distribution.
  - Next Meeting October 1 at 11:15 PM: Here is the meeting link. <https://meet.google.com/xgf-iupz-ruf>. (Meeting frequency changed to first Thursday of each month for 45 minutes).
- Newsletter: How do we want to work on Newsletters?
  - One per month
  - Plus one every week in August
  - Does BBFC want to share Joy's training that is coming up in November with our list serve?
  - [USBC : Hispanic Heritage Month](#)
  - [19 Children's Books That Normalize Breastfeeding](#)
  - Food Pntry
  - [Single parents](#)
  - A-HEC-Flyer
- Places of Worship
- [Presentations](#): October 13:
  - Dr. Gabriela Maradiaga Panayotti and Love Anderson: It Takes a Village: How to Safely (and Gracefully) Promote Exclusive Breastfeeding in the Newborn Period
  - Add to newsletter?
- Social media committee
  - video files that we put together from the networking event. I would like to upload these files to our YouTube account. Do we need to add any information at the front or the back? Any concerns or feedback before I upload video files. Video files:
  - Look again 2 weeks
  - <https://drive.google.com/drive/folders/1sG0I2y5LWlWkqI5k7t4kEguDOWQQtHCTN?usp=sharing>
  - Aubrey is putting together a blog post on Breastfeeding in contraception (what is safe what is not)
  - Rachel is editing [Trauma-Informed Care](#) (work in progress, and contributors needed)
  - Bernadette is working adding information to [Single parents who are breastfeeding](#) (work in progress, contributors needed)
  - Everyone: Please submit any additional blog articles to include in the next newsletter before September 29. Remember we will be sending out the next newsletter on October 1.
  - Our next meeting of the Social Media Committee is tentatively scheduled for September 29 at 9:30. Virtual meeting links are on the website
- Spanish Committee (Not sent)
  - [Agenda for Spanish committee September 2](#)
- The Durham County Women's Commission strives to educate the community and advise the Durham County Board of Commissioners on issues related to the experiences and conditions of women in Durham County. We would like to join Black Maternal Health advocates as the fight continues for equitable access to quality healthcare and the elimination of maternal health disparities. **Please take a moment to [complete this survey](#) so that we will know how to best advocate for the work you do. Please share this survey with individuals, organizations and agencies who work in the maternal health space and serve Durham county residents.** Feel free to reach out with any

questions. We look forward to hearing from you. Forward Together, Durham County Women's Commission

## Tuesday, September 29

- Please update next to your name with (1) what you have worked on the past week and (2) any pressing questions or concerns you would like to discuss with the team
  - Aubrey
    - Worked on:
    - Pressing questions/concerns:
  - Bernadette
    - Worked on:
    - Pressing questions/concerns:
  - Gina
    - Worked on:
    - Pressing questions/concerns:
  - Kathleen
    - Worked on:
      - Share a list of books that normalize breastfeeding in November with our Shape NC announcement?
      - Pressing questions/concerns:
  - Love
    - Worked on:
      - [Single parents](#)
      - breastfeeding friendly curriculum boxes
      - a list of Spanish children's books that normalize breastfeeding
      - This week work on
        - [A-HEC](#)
        - NC LCE
    - Pressing questions/concerns:
      - Newsletter
  - Rachel
    - Worked on:
      - added 4th trimester project link to website
      - [Trauma-Informed](#) Care (in progress, needs more eyes on it)
    - Pressing questions/concerns: None  
FYI I'll be out of town 10/9-10/13
- What do we want in the newsletter?
  - Timely
    - [A-HEC](#) (done)
    - [Latinx and Hispanic Heritage Month](#) (done - would like proofreading from Spanish speaker)
  - Mostly done
    - [Milky Pride & Play](#) (done)
    - [Food Pantry](#)
    - [Reproductive guide](#) (talk more about this in October)
  - Need more work
    - [Single parents](#)

- [Places of Worship-Business Case of BF](#) (skip it)?
  - Survey on Black Maternal Health Efforts in Durham County (not yet permission)
    - Emailed but have not gotten permission from the Durham County Women's Commission
    - The Durham County Women's Commission strives to educate the community and advise the Durham County Board of Commissioners on issues related to the experiences and conditions of women in Durham County. We would like to join Black Maternal Health advocates as the fight continues for equitable access to quality healthcare and the elimination of maternal health disparities. Please take a moment to [complete this survey](#) so that we will know how to best advocate for the work you do. **Please share this survey with individuals, organizations and agencies who work in the maternal health space and serve Durham county residents.** Feel free to reach out with any questions. We look forward to hearing from you. Forward Together, Durham County Women's Commission
- Business Case for Breastfeeding Committee
  - We reviewed the guidelines for breastfeeding friendly food pantries and we prepared a letter for places of worship. This week Jenny and Saisahana will finalize contact information for food pantries and places of worship. Rachel is going to add additional suggestions for other places of worship. My hope is to start sending emails to places of the worship and breastfeeding friendly food pantries after our next meeting on October 9.
  - Letters
    - Ready to share: [Places of Worship-Business Case of BF](#)
    - Not ready to share, please review before October 9: [Food Pantry-Business Case of BF](#)
  - Contact Info:
    - [Churches: CHAPEL HILL, DURHAM, HILLSBOROUGH](#)
      - Jenny is cleaning up this list.
      - Rachel is adding additions.
    - [Food Pantry Contact Information](#)
      - Saisahana is finding the contact information of directors
  - Please review before October 9.
    - Website <https://breastfeeddurham.org/food-pantry/>
    - Handout: [Durham Guidelines: Breastfeeding Friendly Food Pantry](#)
  - Can someone make a poster inspired by the following information?
    - Attention volunteers: Families that are supported to breastfeed are better able to meet their breastfeeding goals and this saves needed infant formula for those families that truly need it.
    - Breastfeeding Is Welcome Here
    - Infant formula provided when requested.
    - All lactating employees and volunteers are allowed breaks to express milk or nurse their children.
  - Upcoming project business case for Breastfeeding in K-12 schools. (talk more about this in October)

## October 5

- Please update next to your name with (1) what you have worked on the past week and (2) any pressing questions or concerns you would like to discuss with the team
  - Aubrey

- Worked on:
    - Pressing questions/concerns:
  - Bernadette
    - Worked on:
    - Pressing questions/concerns:
  - Gina
    - Worked on:
    - Pressing questions/concerns:
  - Kathleen
    - Worked on: IRS response for 501c3
    - Pressing questions/concerns:
  - Love
    - Worked on:
      - [A-HEC](#)
      - NC LCE
    - Pressing questions/concerns:
      - Newsletter
      - BFF Schools
  - Rachel
    - Worked on:
      - added 4th trimester project link to website
      - [Trauma-Informed](#) Care (in progress, needs more eyes on it)
    - Pressing questions/concerns: None
    - FYI I'll be out of town 10/9-10/13
- November newsletter?
  - [Single parents](#)
  - [Trauma-Informed](#) Care (work in progress, and contributors needed)
  - Religious affiliations (contributors needed) Audience religious leaders in Durham
    - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3490661/>
    - <https://breastfeedingcommunities.org/breastfeeding-family-friendly-places-of-worship/>
    - <https://docs.google.com/document/d/1k7m8UTd-CABID8g2QkJmg8oIxjKKUrB9KZCcSkppuhM/edit?usp=sharing>
  - [Pumping at Work: Supporting Lactating Employees During Coronavirus \(COVID-19\)](#)
    - [https://workwellinc.com/links/toolkit/making\\_it\\_work/0720/BreastfeedingToolkit\\_Mom-Print.pdf](https://workwellinc.com/links/toolkit/making_it_work/0720/BreastfeedingToolkit_Mom-Print.pdf)
  - [environmental toxins on maternal and child health in Durham.](#)
  - Video files-from Tuesday, August 4 at 2:30 pm: [Networking Event for Providers.](#)
  - Breastfeeding-friendly school curricula are introduced at all levels of education
    - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5368914/>
- Charter School (K-8th) interested in Breastfeeding Support information for parents: Ronda Hill Healthy Start Academy 919-956-5599 director [ahill@healthystartacademy.org](mailto:ahill@healthystartacademy.org)
- Business Case for Breastfeeding Committee
  - [Pumping at Work: Supporting Lactating Employees During Coronavirus \(COVID-19\).](#)" The publication includes basic requirements under federal law and frequently asked questions about lactating employees during COVID-19.
  - Contact Info:
    - [Churches: CHAPEL HILL, DURHAM, HILLSBOROUGH](#)
    - [Food Pantry Contact Information](#)
  - Upcoming project business case for Breastfeeding in K-12 schools.

- Social media committee
  - Still working on: Video files:  
<https://drive.google.com/drive/folders/1sG0l2y5LWikl5k7t4kEguDOWQQtHCTN?usp=sharing>
  - All most done. Aubrey is putting together a blog post on Breastfeeding in contraception (what is safe what is not)
- Education Systems: (in person meeting canceled, we will work virtually on this project in October)
  - STEP 10. Education systems, including childcare, K-12, colleges and universities, are encouraged to include breastfeeding-friendly curricula at all levels.
  - Rationale: To become the normative behavior, people of all ages should be exposed to breastfeeding as part of all health and family education.
  - Measures:
    - The local School District, or the Department of Education, cooperates in review of all textbooks to ensure breastfeeding norm.
    - Breastfeeding-friendly curricula are introduced at all levels of education.
  - Suggested Approaches:
    - Team approaches the head of educational systems.
  - Professional development for educators
  - [xxhttps://simbli.eboardsolutions.com/AboutUs/AboutUs.aspx?S=10399&TID=1](https://simbli.eboardsolutions.com/AboutUs/AboutUs.aspx?S=10399&TID=1)

Business Case for Breastfeeding Committee.

Thank you to all of you who were about to join us on Friday October 9 at 11 AM. I know that Aubrey is working on communicating with K through 12 public schools. Is anyone able to look for additional contact information for charter schools or private schools over the next two weeks? Does anyone have any additional contact information for other places of worship or food pantries? Jenny and Saisahana, what would you like to focus on over the next two weeks?

Meeting Notes:

We set up a new folder with all the letters (please let me know if you are having trouble viewing the folder):

- <https://drive.google.com/drive/folders/1B7KW4x-yFhLf7MDJ-9gMI23yZ4Rc01A8?usp=sharing>

I have sent the following letters

- [Places of Worship-Business Case of BF:](#)
  - [Churches contact info](#) info@mcbc1803.org, admin@calvarychapelhill.org, "ADMIN@holytrinitych.org" <ADMIN@HOLYTRINITYCH.ORG>, alex@chathamchurch.org, jaime@chathamchurch.org, barbeeschapelhw@gmail.com, bjoyner@thechapelchurch.com, c3hoffice@gmail.com, chmennonite@gmail.com, churchrec@churchrec.org, contact@jubileebaptist.church, dwiner@nc.rr.com, fj45220@yahoo.com, ftolc@yahoo.com, fturchi@thechapelofthecross.org, htlc@holytrinitychapelhill.org, info@biblechurch.org, info@hillsidenc.org, Info@kehillahsynagogue.org, info@merrittschapel.org, info@ourfbc.org, info@uncnewman.org, mail@saintbenedicts.net, office@binkleychurch.org, office@christmethodist.org, office@gracelife.com, office@newhopepresusa.org, office@oumcm.com, "Office@trianglechurch.org" <Office@TriangleChurch.org>, officeadmin@universityumc.church, spamechapelhill@gmail.com, stjosephcme@att.net, team@lovechapelhill.com, whiterockuhc@mail.com
- [Food pantries-Business Case of BF](#)

- [Food Pantry Contact Information](#): amityumc@ncrrbiz.com, anathothgarden@gmail.com, carolinacupboard@gmail.com, ccgc@lists.riseup.net, chc@porchcommunities.org, clorch@email.unc.edu, contact@jacksoncenter.info, contactfairviewbaptist@gmail.com, dssinfo@orangecountync.gov, fairviewcommunitygardennc@gmail.com, farmersoforange@gmail.com, info@bullcityschools.org, info@tablenc.org, manager@carrborofarmersmarket.com, ocim300mill@mindspring.com, sotgo@ncseniorsonthego.com, BullCityWFW@protonmail.com, comm@mowdurham.org, contact@wocconline.org, Elijahemking@gmail.com, foodnotbombs919@gmail.com, info@bullcityschools.org, NoKidHungryNC@gmail.com

#### Upcoming projects

- Business case for Breastfeeding in K-12 schools: [schools supporting employees letter](#)
- Two of our other committees could use help compiling email addresses for
  - Latina own businesses
  - Businesses listed on the LGBT Community Center Pages
    - Raleigh
    - Durham

Our next meeting is on Friday October 23rd at 11 AM <https://meet.google.com/noh-avvs-oik>  
Social Media Team,

Thank you for another wonderful meeting.

#### Notes from our social media meeting 10/13

- Aubrey: pulling quotes from our family support page
  - <https://breastfeeddarham.org/family-support/>
- Love: upload videos to YouTube
  - [https://www.youtube.com/channel/UCADv5u9khWMJO1om1LqCA5A/featured?disable\\_polymer=1](https://www.youtube.com/channel/UCADv5u9khWMJO1om1LqCA5A/featured?disable_polymer=1)
- Aubrey: sharing videos to Facebook and Instagram
- Hannah: looking at the intersection of breastfeeding and the environment
  - [breastfeeding and environmental justice](#)
- Hannah: review the trauma-informed care article
  - [Breastfeeding and Trauma](#)

**Next meeting of the social media meeting 10/27 at 9:30. Join: <https://meet.google.com/ndt-nqih-kyg>**

Thank you!!!!

## October 12

Our focus topic for our next meeting should be the /business case for breastfeeding, Most of our committees are working on the business case for Breastfeeding (Latinx, LGBTQ+, School employers, places of worship, food pantries).

#### Current Projects

- Aubrey
  - Business Case for Breastfeeding Committee in K-12 school



- [schools supporting employees letter](#)
- 
- [Pumping at Work: Supporting Lactating Employees During Coronavirus \(COVID-19\)](#). The publication includes basic requirements under federal law and frequently asked questions about lactating employees during COVID-19.
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5368914/>
- Bernadette
  - Do you need more stuff to do that is within the scope of work? No pressure.
  - Meeting with Joy
- Gina
  -
- Kathleen
  - IRS stuff
- Love is working on
  - [A-HEC](#)
  - NC LCE
  - 501-C3
  - Pressing questions/concerns:
    - Newsletter
    - [Places of Worship-Business Case of BF:](#)
    - [Food pantries-Business Case of BF](#)
    - Upcoming project business case for Breastfeeding in K-12 schools.
- Rachel
  - Vacation (but next week)
    - [Trauma-Informed](#) Care (in progress, needs more eyes on it)
- November newsletter?
  - [Single parents](#)
  - [Trauma-Informed](#) Care (work in progress, and contributors needed)
  - Religious affiliations (contributors needed) Audience religious leaders in Durham
    - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3490661/>
    - <https://breastfeedingcommunities.org/breastfeeding-family-friendly-places-of-worship/>
    - <https://docs.google.com/document/d/1k7m8UTd-CABID8g2QkJmg8olxjKKUrB9KZCcSkppuhM/edit?usp=sharing>
  - [Pumping at Work: Supporting Lactating Employees During Coronavirus \(COVID-19\)](#)
  - [environmental toxins on maternal and child health in Durham](#). Hannah Potter <hannahmpotter@gmail.com>
- Social media committee
  - Facebook (more breastfeeding more racial diversity)
  - Video files-from Tuesday, August 4 at 2:30 pm: [Networking Event for Providers](#).
  - thoughts on [breastfeeding and environmental justice](#).
- Breastfeeding-friendly school curricula are introduced at all levels of education
  - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5368914/>
  - Charter School (K-8th) interested in Breastfeeding Support information for parents: Ronda Hill Healthy Start Academy 919-956-5599 director [ahill@healthystartacademy.org](mailto:ahill@healthystartacademy.org)
- Business Case for Breastfeeding Committee
  - [Pumping at Work: Supporting Lactating Employees During Coronavirus \(COVID-19\)](#). The publication includes basic requirements under federal law and frequently asked questions about lactating employees during COVID-19.
    - [https://workwellnc.com/\\_links/toolkit/making\\_it\\_work/0720/BreastfeedingToolkit\\_Mom-Print.pdf](https://workwellnc.com/_links/toolkit/making_it_work/0720/BreastfeedingToolkit_Mom-Print.pdf)

- Contact Info:
  - [Churches: CHAPEL HILL, DURHAM, HILLSBOROUGH](#)
  - [Food Pantry Contact Information](#)
- Upcoming project business case for Breastfeeding in K-12 schools.
  - [schools supporting employees letter](#)
- Social media committee
  - Still working on: Video files: [Provider Clips](#)
  - 
  - All most done. Aubrey is putting together a blog post on Breastfeeding in contraception (what is safe what is not)
- Education Systems: (in person meeting canceled, we will work virtually on this project in October)
  - STEP 10. Education systems, including childcare, K-12, colleges and universities, are encouraged to include breastfeeding-friendly curricula at all levels.
  - Rationale: To become the normative behavior, people of all ages should be exposed to breastfeeding as part of all health and family education.
  - Measures:
    - The local School District, or the Department of Education, cooperates in review of all textbooks to ensure breastfeeding norm.
    - Breastfeeding-friendly curricula are introduced at all levels of education.
  - Suggested Approaches:
    - Team approaches the head of educational systems.
  - Professional development for educators
  - [xxhttps://simbli.eboardsolutions.com/AboutUs/AboutUs.aspx?S=10399&TID=1](https://simbli.eboardsolutions.com/AboutUs/AboutUs.aspx?S=10399&TID=1)

## October 26

Business Case for Breastfeeding Committee.

- Aubrey is working on communicating with K through 12 public schools.

### Social media meeting 10/13

- Aubrey: pulling quotes from our family support page
  - <https://breastfeeddurham.org/family-support/>
- Love: upload videos to YouTube
  - [https://www.youtube.com/channel/UCADv5u9khWMJO1om1LqCA5A/featured?disable\\_polymer=1](https://www.youtube.com/channel/UCADv5u9khWMJO1om1LqCA5A/featured?disable_polymer=1)
- Aubrey: sharing videos to Facebook and Instagram
- Hannah: looking at the intersection of breastfeeding and the environment
  - [breastfeeding and environmental justice](#)
- Hannah: review the trauma-informed care article
  - [Breastfeeding and Trauma](#)
  -
- November
  - [Single parents](#)
  - [Trauma-Informed](#) Care (work in progress, and contributors needed)
  - Religious affiliations (contributors needed) Audience religious leaders in Durham
    - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3490661/>

- <https://breastfeedingcommunities.org/breastfeeding-family-friendly-places-of-worship/>
- <https://docs.google.com/document/d/1k7m8UTd-CABID8g2QkJmg8olxjKKUrB9KZCcSkppuhM/edit?usp=sharing>
- [Pumping at Work: Supporting Lactating Employees During Coronavirus \(COVID-19\)](#)
- [environmental toxins on maternal and child health in Durham](#). Hannah Potter <[hannahmpotter@gmail.com](mailto:hannahmpotter@gmail.com)>

## November 2, 2020

- Childcare
  - Send up dates before Friday
  - [November BFF child care follow up](#)
- WIC updates
  - To get a pump
    - Medical needs **OR...**
    - Exclusive breastfeeding for 4 month
    - Registered with WIC
    - There is a need for separation
    - Must advocate for parents
    - People on the phone don't always know the rules
- Start on newsletter next week

## November 2, 2020 (Pro-Lactancia Hispana Committee)

Our last Committee meeting was on Monday, October 5. We'd like to change our meeting frequency to every four weeks. Our next meeting will be Monday, December 7 at 3:00 PM <http://meet.google.com/xgf-iupz-ruf>

We truly believe that a small group of volunteers can transform the community, but in order for this to work, we need your help. We ask that each committee member put in a few minutes of work between meetings. Over the next week, please email your thoughts or any information you have regarding the notes from our last meeting (even if you weren't at the meeting). Breastfeed Durham <[durham@breastfeedingcommunities.org](mailto:durham@breastfeedingcommunities.org)> is happy to put all the [feedback into one document](#).

Questions for the team

- Email your additions to the webpage: <https://breastfeeddurham.org/latinx-and-hispanic-heritage-month/>
- What are your thoughts regarding breastfeeding accommodations when communicating with business owners?
- Any volunteers to put together a rough draft of a letter? (I am happy to help.)
- Email us with a list of your recommended Durham business contacts.
- Does anyone know the WIC office policy on pumps?

- Can you recommend any other advocates to be added to this committee?
- In your opinion, what is the best way to communicate with Spanish-speaking parents?

Notes from our last meeting of the Spanish-speaking committee:

- We reviewed the information emailed out to providers.
  - <https://breastfeeddurham.org/latinx-and-hispanic-heritage-month/>
- We brought in a new parent advocate. Please send us additional contacts for other parent advocates.
- We've decided that for the next six months we would like to focus on step nine of the breastfeeding family friendly community initiative
  - [The US Business Case for Breastfeeding](#) is promulgated.
  - At our next meeting, we will draft a letter to a few specific businesses in Durham, but first, we need contact information.
    - We want to talk about space for pumping, workers rights, and we want to be mindful of undocumented employees.
  - We want to approach
    - Duke University
    - Small businesses owned by Latinos in Durham (Is there a Durham Hispanic Chamber of Commerce)?
      - <http://nchispanicchamber.org/Bienvenidos/en/about/>
    - Restaurants
      - We recently emailed a list of 450 restaurants in Durham. I don't think we got any response.
      - Any bright ideas on how to resonate with restaurant owners?
- We talked about wanting to connect breastfeeding information to Spanish-speaking families.
  - Lamaze class at the health department,
  - WIC peer counseling Group in Spanish,
  - Ready, Set Baby offered in Spanish,
  - La Leche League uses WhatsApp to support Spanish-speaking families,
  - Monthly Baby Bistro support group.
  - What is the best way to communicate with parents?
- At the next meeting we all so want to talk about how families get pumps?

## November 9, 2020

Meeting Notes from today

- Next newsletter send out on November 16 at 3 PM.
  - Aubrey: send images for newsletter article before Thursday, November 12 at 9 a.m.
  - Bernadette: send images for the newsletter articles before Thursday, November 12 at 9 a.m.
  - Team : Review the sidebar of Breastfeed Durham before Thursday, November 12 at 9 a.m.
  - Love: Send out test Newsletter on Thursday afternoon to the implementation team.
  - Social Media post for Childcare.
- BFF Business Case
  - Add Bernadette's suggest to the list.

Other meetings this week

## November 12, 2020

Notes from our the last LGBTQ+ meeting at 11:15 on October 1, 2020.

- Over the next 6 months we will focus on...Step 4 of the Breastfeeding Family Friendly Community Designation: "During pregnancy, all families (including LGBTQ+ families) in the community are informed about the benefits of human milk feeding and where to access support as needed."
- Approaches:
  - We have explicitly defined community organizations: Organizations listed with the LGBT Community Centers of Raleigh or Durham.
    - Amber will list these organizations in the following spreadsheet before our next meeting
      - <https://docs.google.com/spreadsheets/d/14kFIVdaGDntHAKMbO8MfE6wjyaUDbz4BMd25Eln85Bg/edit?usp=sharing>
      - **Everyone please, take 10-30 minutes to list other appropriate organizations in the document before the next meeting on November 5.**
        - Lawyers, sperm banks, fertility clinics, Doulos, dd squared, maybe baby, etc.
    - Compile draft material
      - Draft:  
<https://docs.google.com/document/d/1UkY8GFxswvBh38bLgQEePdbWM8er6IAUY35zAzLxajs/edit?usp=sharing>
      - **Everyone please, take 10-30 minutes to add your ideas or suggestions before the next meeting on November 5.**
      - We started with what the LGBTQ+ Committee has already put together and those produced by La Leche League.
        - <https://www.lli.org/breastfeeding-info/transgender-non-binary-parents/>
      - Flyer might need to all include information on inducing lactation, nursing supplementers, dealing with loss, etc.
  - **Next Meeting November 5 at 11:15 PM: Here is the meeting link.**  
<https://meet.google.com/xgf-iupz-ruf>. (Meeting frequency changed to first Thursday of each month for 45 minutes).

## November 16, Child Care

- Order books
- Sent newsletter
- Might sent giving Tuesday email

## No meeting: November 23

## November 30, 2020 at 3:00 Pro-Lactancia

- Our last Committee meeting was on Monday, October 2. Everyone was fairly distracted thinking about the election. Our next meeting will be Monday, November 30 at 3:00 PM (which is right after Thanksgiving) <http://meet.google.com/xgf-iupz-ruf>
- [feedback into one document](#).
- **Our next focus will be to approach the Duke System and advocate for more breastfeeding accommodations especially for Spanish-speaking employees.**
  - **What are your thoughts regarding breastfeeding accommodations at Duke?**
  - **Any recommended contacts at Duke or Duke HR?**
  - **Any volunteers to put together a rough draft of a letter to Duke? (I am happy to help.)**
- Notes from our October meeting of the Spanish-speaking committee:
  - We've decided that for the next six months we would like to **focus on** step nine of the breastfeeding family friendly community initiative
    - **The US Business Case for Breastfeeding is promulgated.**
    - We want to approach Duke University in January.
  - We also talked about how families are getting pumps and WIC pumps

## December 10 Human Milk

**Does anyone have a contact at Duke in HR?** Or email addresses for any other good contacts.

The **next meeting will be December 10 at 11:15 PM:** Here is the meeting link.

<https://meet.google.com/xgf-iupz-ruf>. (I have a mandatory workshop on the first Thursday of December)

Notes from our meeting at 11:15 on November 12.

- Over the next 6 months we will focus on...Step 4 of the Breastfeeding Family Friendly Community Designation: "During pregnancy, all families (including LGBTQ+ families) in the community are informed about the benefits of human milk feeding and where to access support as needed."
- Approaches:
  - We have explicitly define community organizations: Organizations listed with the LGBT Community Centers of Raleigh or Durham.
    - Amber will list these organizations in the following spreadsheet before our next meeting

- <https://docs.google.com/spreadsheets/d/14kFIVdaGDntHAKMbO8MfE6wjyaUDbz4BMd25EIn85Bg/edit?usp=sharing>
  - Everyone please, take 10-30 minutes to add to the list.
    - Lawyers, sperm banks, fertility clinics, Doulos, dd squared, maybe baby, etc.
- Compile draft material
  - Draft:  
<https://docs.google.com/document/d/1UkY8GFxswvBh38bLgQEePdbWM8er6IAUY35zAzLxajs/edit?usp=sharing>
  - We started with what the LGBTQ+ Committee has already put together and those produced by La Leche League.
    - <https://www.lli.org/breastfeeding-info/transgender-non-binary-parents/>
  - Flyer might need to all include information on inducing lactation, nursing supplementers, dealing with loss, etc.
- L'Tanya Gilchrist - lgilchrist@dconc.gov, cdcmistry07@gmail.com

## Planing: December 2020

- Plan for next year
- Work on School board in 2021
- [Note from 2021](#)